

KA'AGADAT RIVKA

Israel

RECORD:

FORMATION: "Individuals", all standing in a circle facing in.
No hand holding. Arms hang down at sides.

<u>Meas</u>	<u>Counts</u>	<u>Pattern</u>
		<u>PART I</u> - Done with a "Debka-style-double-bounce"
1	1	Step on R slightly across in front of L.
	2	Step on L slightly across in front of R.
	3	Step slightly bkwd on R.
	4	Close and step on L next to R.
2-3		REPEAT Meas.1, Part I, two more times.
4	1-2	Stamp R heel in place two times.
	3-4	Spring high into the air from both feet and raise arms high in front in preparation to clap hands when landing on both feet on Count 4. (NOTE: the back of the R hand, claps down against the palm of the L hand with a sort of sliding action.)

PART II - A.

1	Stamp R in place - take weight on R.
2 & 3	Do one quick Yeminite Step to L.**
4-5	Quickly changing weight, Kick L, then R foot fwd keeping foot close to floor.
6	"Squat down" with weight on both feet.
7	Come up 3/4 way to standing position with weight back on L (L knee bent) and R heel extended diagonally fwd to right side (No weight on R).
8-11	Walk R, L, R, L, making a full CW circle and returning to original place facing into circle.
12	Stamp R heel in place - no weight
13-14	Do one Yeminite Step to R.
15-16	Do one Yeminite Step to L.
17-18	Stamp R heel in place two times.
19-20	Quickly changing weight, kick L, then R foot fwd.
21	"squat down", with weight on both feet.
22	Come up to full standing position with feet together and weight on both feet.

PART II - B

1	1-18	Repeat Counts 1-18, Part II-A.
	19-20	Repeat Counts 3-4, Meas 4, Part I. (the spring into the air and clapping hands.)

REPEAT DANCE FROM BEGINNING TWO MORE TIMES....

** YEMINITE STEP - May be done either to the R or L.

Count 1 - Step R to R side and slightly bkwd.
Bend R knee slightly.

2 - Step on ball of L foot next to R heel.
Straighten knees.

2 - Step on R across in front of L, bend knees
& - Straighten knees, in preparation to do a Yeminite step to the L,