

KACERAC (KAH-cheh-rahts) (Serbia)

I learned this dance from Barry Glass at a workshop in the 70's, and taught it in 1984 at the Mendocino Folklore Camp

FORMATION: Line with front basket hold, L over R.

STYLE: Dance lightly, on balls of ft. with small steps, upright posture.

FIGURE I (16 meas): short introduction, start dance when frula starts to play. With ft together, twist heels to R (ct 1), then to L (2), step fwd and to R on R (1), step L behind R (&), step R beside L, twisting heels to R (2). Repeat opposite ftwork. Repeat all three more times.

FIGURE II (16 meas): Facing to R and moving in LOD, bounce on L heel, touching R ft fwd with no wt (1); take 2 small steps fwd R,L (& 2), repeat two times, step R L R in place, turning to face RLOD. Repeat all with opp ftwork. Repeat all of above. Step is bouncy and very light.

FIGURE III (16 meas): Repeat Figure I.

FIGURE IV (16 meas): Repeat Figure II.

FIGURE V (16 meas): Same as Figure I, but put a DOUBLE bounce after each twist of the feet.

FIGURE VI (16 meas): Facing and moving twd ctr, step fwd on R toe (&); step fwd flat on L (1); repeat 5 more times. Again step fwd on R toe, but rise higher than previously (&); step flat L R L in place (1 & 2). Repeat but moving bwd, again starting R. Repeat all.

FIGURE VII (16 meas): Facing ctr, step to R on R (1); step L behind R, turning to face diag to L (2); step R beside L (1); pause (2). Rise on toes for first 2 steps, step flat on third step. Repeat with opp ftwork. Then repeat all three more times.

FIGURE VIII (16 meas): Facing ctr, step fwd and to R on R (&); step L behind R (1); step bwd and to R on R (&); step L in front of R (2). Repeat 2 more times. Step R L R in place (1 & 2). In this Figure, the L ft stays more or less on a straight track, while the R ft moves fwd and bwd during the travel in LOD, with R heel turning in slightly on each step. Repeat all with opp ftwork. Then repeat entire figure once more.

FIGURE IX (16 meas): Facing ctr, dance in place: bounce on L heel (1), at same time twisting R ft so R heel is in front of L ankle; repeat opp ftwork (2); bounce 3 times in place on both ft (1 & 2). Repeat, but this time bounce on R and twist L heel in first. Repeat all three more times. Don't twist HIPS, only feet.

FIGURE X (16 meas): Same as Figure VIII, except that on last 2 meas (when music stops abruptly), step to L on L; step R beside L; bow slightly.

Taught at Fresno Statewide 2000 by Dean Linscott and Anita Engberg.

Dance notes by Dean Linscott.