

KAJO KALINO
(Macedonia)

Revised version of L. and D. Jankovic's description of this Macedonian dance. Bora used to dance it as part of a choreography as an amateur dancer in the 1950's.

Pronunciation: KAH-YOH KAH-LEE-NOH

Music: BK 576 9/8 meter (2+2+2+3)

Formation: Lines, "W" POS

- | <u>meas</u> | <u>ct</u> | <u>Pattern</u> |
|-------------|-----------|--|
| | | INTRO: ? |
| | | <u>STEP I</u> (shldr height handhold) ("W" POS) |
| 1 | 1 | Step with R to the R. |
| | 2 | Lift L. |
| | 1 | Step with L to the R, crossing R in front. |
| | 2 | Lift R. |
| | 1 | Step with R to the R. |
| | 2 | Lift L. |
| | 1 | Step with L to the R crossing R in front. |
| | 2 | Lift R. |
| | 3 | Hold pos. |
| 2 | | Repeat action of meas 1. |
| 3 | 1 | Step with R to the R. |
| | 2 | Lift L. |
| | 1 | Step with L to the R crossing R in front. |
| | 2 | Lift R. |
| | 1 | Step with R to the R. |
| | 2 | Lift L. |
| | 1 | Lift L in front of R (or just touch the floor). |
| | 2 | Hold pos. |
| | 3 | Hold pos. |
| 4 | | Repeat action of meas 3 with opp ftwk and direction. |
| 5-16 | | Repeat action of meas 1-4 three times. |
| | | <u>STEP II</u> (regular handhold) ("V" POS) |
| 1 | 1 | Hop on L. |
| | 2 | Step with R to the R. |
| | 1 | Step with L beside R, lift R. |
| | 2 | Hold pos. |
| | 1 | Hop on L. |
| | 2 | Step with R to the R. |
| | 1 | Step with L beside R, lift R. |
| | 2 | Hold pos. |
| | 3 | Hold pos. |

continued...

KAJO KALINO (continued)

- 2 1 Step on R, lift L.
 2 Hold pos.
 1 Step with L in front of R, lift R.
 2 Hold pos.
 1 Step on R to its previous pos, lift L.
 2 Hold pos.
 1 Hop on R.
 2 Hold pos.
 3 Hold pos.
- 3 1 Step on L, lift R.
 2 Hold pos.
 1 Step with R in front of L, lift L.
 2 Hold pos.
 1 Step with L to its previous pos, lift R.
 2 Hold pos.
 1 Hop on L.
 2 Hold pos.
 3 Hold pos.
- 4 Repeat action of meas 2 (Step II).
- 5-8 Repeat action of meas 1-4 with opp ftwk and direction.
- Repeat the dance from the beginning as many times as
 music allows.

Presented by Bora Gajicki