

**KAK POD YABLONKOY**  
**(Under The Apple Tree)**  
(Russia)

Under The Apple Tree is a couple dance from the Kavkaz (Caucasus) area. It was learned by Alexandru David while he was with the Romanian State Ensemble in 1963. The Russian name for this dance is 'Kak pod yablonkoy'. It was presented by him at the 1980 University of the Pacific Folk Dance Camp.

RECORD: Barinya, Alexandru David, 1979, Side B/6. "Once Under The Apple Tree". 2/4 meter.

FORMATION: Cpls in a circle facing LOD, W to M R. L hands joined and extended fwd at chest level, W R fist on hip, M R on W waist just above W fist.

STEPS and Walk\*, hop\*, run\*. All stamps are on the whole ft and take no wt unless noted. Ftwk is the same for M and W except Fig II. Body is held erect and proudly. Movements are sharp. Free fist on hips unless otherwise noted.

\*Described in Steps and Styling, published by the Folk Dance Federation of California, Inc., 1275 "A" Street, Room 111, Hayward, CA 94541

MUSIC 2/4

PATTERN

Measures

No musical introduction. Dancers may wait 3 cts and beg on brush L (ct 2&).

I. WALK AND BRUSH WITH DOWN-UP

1 Walk 3 steps fwd in LOD R,L,R, raising L slightly in back with knee bent on last step (cts 1,&,2); turn body 1/4 CCW to face diag twd ctr, bend R knee, brush L fwd, knee straight. On the follow-through of the swing, rise on the ball of R (ct &).

2 Repeat meas 1 with opp ftwk moving in LOD.

3-4 Repeat meas 1-2.

5 Beg R, moving out of circle, step on R sdwd on R with pli   (bent knee) (ct 1); step on L behind R and straighten knees (ct &); repeat cts 1,& (cts 2,&).

6 Repeat meas 5, except stamp L beside R on last ct.

7-8 Repeat meas 5-6 moving sdwd twd ctr with opp ftwk.

9-16 Repeat meas 1-8, except W does not stamp on meas 16 but continues same step into Fig II. Release hands.

II. TWO CIRCLES

1-4 M: Beg R, repeat Fig I, meas 5 three times and meas 6 once, moving out behind W and into outer circle moving sdwd in LOD, facing ctr. M L fist on hip, M R hand extended out to side at shldr level, palm up.

(1-4) W: Beg L, repeat Fig I, meas 5 three times and meas 6 once with opp ftwk passing in front of M into inner circle moving sdwd in RLOD, facing ctr. Place first finger of L hand on cheek and tilt head twd RLOD, while R hand, palm down, supports L elbow.

Both clap and shout 'hey' on last ct &.

5-8 Retracing pattern, repeat meas 1-4 with opp ftwk, direction, and hand pos. M take wt on last stamp; no shout or clap on last ct. Finish in orig pos, facing LOD.

III. BRUSH WITH UP-DOWN

1 Brush L diag fwd L across in front of R (ct 1); brush L bkwd to side across in front of R (ct &); brush L fwd diag L (ct 2); brush L bkwd beside R; bend R knee (ct &).

*Continued...*

- 2 Moving out of circle, step on ball of L behind R with straight knee (ct 1); step on R to R bending knee (ct &); repeat cts 1,& (cts 2,&).
- 3-4 Repeat meas 1-2 except stamp L beside R, on last ct 2.
- 5-8 Repeat meas 1-4 with opp ftwk and direction. Stamp R on last ct 2.

IV. FORWARD AND BACK WITH THE CROSS

- 1 Walk 3 steps fwd in LOD R,L,R (cts 1,&,2); stamp L beside R (ct &).
- 2 Repeat meas 1 moving bkwd with opp ftwk.
- 3 Step on R heel fwd (ct 1); step on L heel beside R (ct &); stepbkwd on R toe (ct 2); step on L toe beside R toe (ct &).
- 4 Step on R heel to R, M slightly behind W (ct 1); step on L heel to L (ft slightly astride) (ct &); step on R toe back in place (ct 2); step on L toe beside R toe (ct &).
- 5-8 Repeat meas 1-4. Turn 1/4 to face ptr on last ct (M CW, W CCW), M back to ctr, fists on hips.

V. STEP-STAMPS AND AROUND PARTNER

- 1 Step on R sdwd to R (ct 1); stamp L beside R (ct &); step on L sdwd to L (ct 2); stamp R beside L (ct &).
- 2 Repeat meas 1, no stamp at end, hold (ct &).
- 3-4 Walk 4 steps CW around ptr R,L,R,L. R hips adjacent, bend body fwd, extend R arm behind ptr back, palm of R hand trying to reach for L side of ptr waist. (do not link arms) (cts 1,2,1,2).
- 5-8 Repeat meas 1-4. Finish facing ptr, M back to ctr.

VI. RUN WITH HEEL-TOE AND COUPLE TURN

- 1 Dance running step on R sdwd to R (ct 1); running step on L across behind R (ct &); running step on R sdwd to R (ct 2); touch L heel to L with L leg extended sdwd (ct &).
- 2 Hop on R (ct 1); tap L toe behind R (ct &); hop on R (ct 2); touch L heel to L with L leg extended sdwd.
- 3-4 Repeat meas 1-2 with opp ftwk and direction.
- 5 Hop on L, swinging R bkwd slightly (ct 1); step on R very close behind L (ct &); step on L,R in place moving very slightly fwd (cts 2,&).
- 6 Hop on R, swinging L bkwd slightly (ct 1); step on L very close behind R (ct &); stamping step on R moving fwd to ptr (ct 2).
- 7 Assume closed pos, R hips slightly adjacent and beg a turn CW with 3 steps L,R,L, stamp R (cts 1,&,2,&).
- 8 Continue turning CW, stepping R,L, stamp R to finish facing ptr, M back to ctr (cts 1,&,2).
- 9-16 Repeat meas 1-8.

Repeat Fig V and VI. Hold pose in closed pos at end of dance.