

Kalavesh Poyjen Fatbardha

(Žur Region, Kosova)

SOURCE: Films of village groups, Ramiz Qizmoli

MUSIC: Laguna Folkdancers Festival 2006 CD

RHYTHM: 12/16 

Dancer's Cts: 1 2 3 4 5

FORMATION: Circle of individual dancers

METER: 12/16

PATTERN

Meas

1 Facing center, lift on Rft bringing L knee up (ct. 1); Lift again on Rft, bringing L knee to L (ct. 2); Step Lft to L (ct.3); Step Rft fwd in front of Lft and bring R palm in front of face (ct.4); Step Lft back in place (ct. 5).

2. Reverse action of meas. 1

3. Repeat action of meas. 1.

* Note that the palm and the crossing foot (ct. 4) is the same, and that the movement away from face is: palm out and slowly moving in an arc to a position down and back.

4. Turning to face slightly R of center and bringing hands to position down and slightly back or, to small of back. Lift on Lft bringing R knee up (ct. 1); Lift again on Lft and reach Rft to R(ct. 2); Step Rft fwd (ct. 3); Step Lft fwd (ct. 4); Step Rft fwd (ct. 5).

5. Still facing R of center, step Lft fwd (ct. 1) Lift on Lft and begin to turn to face center (ct. 2); Step Rft to R and L hand moves up toward face (ct. 3); Step Lft fwd toward center and bring L palm in front of face (ct. 4); Step Rft back to place.

*Note: Lift steps on ct. 1 can be replaced with touches or quick weight-shifts (whereby ball of weightless gesturing foot takes momentary weight and then quickly shifts back to weight-bearing foot.)