Kiladiotiko

Greece (Peloponese)

Kiladiotiko is a dance from the town of Kilada, about 40 miles SE of Nafplion, in NE Peloponnese. I learned this dance from the local folk dance group in Nafplion. Oddly enough it is often danced to Island-style syrtó music, often from Naxos.

Pronunciation: KIHL-ah-dee-AW-tee-koh

Music: 4/4 meter CD: Balkan and Beyond – Stockton 2009, Band 4.

Formation: Line of dancers, leader on R, high W-pos

Styling: Energetic.

Meas Music: 4/4 meter Pattern

4 meas INTRODUCTION

BASIC STEP

Facing ctr, step on R diag R and twd ctr (ct 1); touch heel of L ft on floor in front of R (ct 2); step on L behind R (ct 3); step on R to R (ct 4); leap onto L across slightly in front of R (ct &). Note: Knees bend and straighten on each ct.

I. HOP

Facing ctr, stamp R diag R and twd ctr, taking wt and making sound (ct 1); touch heel of L ft on ground in front of R (ct 2); step on L behind R (ct 3); hop twice on L, lifting R ft in front at ankle level (cts 4 &).

II. STAMP AND MOVE TO R

Facing ctr, stamp R diag R and twd ctr, taking wt and making a sound (ct 1); turning to face LOD, place L heel on floor fwd (ct 2); lift L ft to a position immediately in front of R shin (ct &); facing and moving R, stamp L fwd, taking wt and making sound (ct 3), step on R ft fwd (ct 4), step on L ft fwd (ct &).

III. STAMP IN PLACE WITH KICKS

Facing ctr, stamp hard on R, taking wt and making sound (ct 1); hop on R, kicking L ft fwd, across in front of R, L leg straight (ct 2); leap L onto L, kicking R ft fwd, across in front of L, R leg straight (ct 3); step on R in place, lifting L ft behind body with knee bent (ct 4); step on L in place, lifting R ft behind body with knee bent (ct &).

Note: On repeat, drop on both ft with bent knees (ct 1).

Kalidiotiko—continued

IV. TRANSITION STEP

1

Facing ctr, step on R to R (ct 1); lift L ft fwd and brush it back in front of R shin (ct 2); beg to turn L, step on L to L (ct 3); continuing to turn L, step on R (ct 4); leap onto L, completing CCW turn (ct &).

Note: When this dance is done in a social dance situation, the leader decides when to start (on the beginning of any musical phrase) and how many Basic steps are done. Then, signalling the other dancers, the leader starts one of the 3 figures, does the figure as many times as he or she wants (4 times), then does the transition step to get back to the Basic step.

To this melody used here, a logical sequence which fits the music is:

Sequence:

Intro wait 4 measures and then begin when song starts

Basic 4 repeats (4 meas total)

Fig I 3 repeats plus transition (4 meas total)

Basic 4 repeats (4 meas total)

Fig II 3 repeats plus transition (4 meas total)

Basic 4 repeats (4 meas total)

Fig III 3 repeats plus transition (4 meas total)

Repeat until end of music.

Presented by Lee Otterholt