

Kina

(Turkey)

Kina means "henna."

Pronunciation: KIGH NOH-ah

Music: CD #1

6/8 meter

Formation: Semi-circle facing LOD, little finger hold, arms in W-pos.

Cts

Pattern

INTRODUCTION

FIGURE I

- | | |
|------|---|
| 1 | Step fwd on R. |
| & | Step on L toe next to R. |
| 2 | Step fwd on R. |
| 3 | Step fwd on L. |
| & | Step on R next to L. |
| 4 | Step fwd on L. |
| 5 | Step fwd on R and slide L toe to L, moving arms to R. |
| 6 | Step on L across in front of R, moving arms to L. |
| 7-8 | Repeat cts 5-6. |
| 9-16 | Repeat cts 1-8. |

FIGURE II

- | | |
|------|--|
| 1-4 | Turning to face away from ctr and bringing arms down with elbows bent, repeat Fig I, cts 1-4 moving away from ctr. |
| 5 | Step fwd on R with a bounce of the knees. |
| 6 | Step back on L in place and bounce the knees again. |
| 7 | Step on R in place and start turning to ctr from L shldr, arms down and elbows straight. |
| 8 | Facing ctr, touch L toe next to R. |
| 9-12 | Repeat Fig I, cts 1-4, facing ctr and moving fwd, gradually bringing arms up to W-pos. |
| 13 | Step on L in place, moving arms to L. |
| 14 | Step on R in place, moving arms to R. |
| 15 | Step on L in place, moving arms to L. |
| 16 | Step on R in place, moving arms to R. |

Presented by Ahmet Lüleci

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