

# Kinneret

## Israel

**Translation:** "Kinneret" is the Hebrew name for "Sea of Galilee." The word comes from "Kinor" which means violin. The shape of the "sea" (actually a large sweet water lake) is exactly like a violin.

**Pronunciation:** kee-nehr-REHT

**Dance:** Yoni Carr

**Music:** Performed by Ofra Haza

**Formation:** Couples facing CCW w/inside hands joined.

**Note:** Steps described for the M, W use opp. footwork.

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METER: 3/4 (waltz rhythm)

PATTERN

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Meas.

### INTRODUCTION:

#### PART I

- 1 Open waltz w/L to L.
- 2 M: waltz fwd w/R.  
W: Waltz step L making 1/2 turn to L to face partner and join both hands.
- 3 Moving fwd along line of circle.  
M: step L fwd, hold, step R fwd.  
W: step R bwd, hold, step L bwd.
- 4 Rpt. 3.
- 5 M: waltz step in place w/L.  
W: turn to L under joined hands to end in wrap position.
- 6 Waltz step fwd tog. on line of circle. M: w/L, W: w/R.
- 7 Rock fwd L, bwd R, close L to R.
- 8 Rock Fwd R, bwd L, fwd R.
- 9-10 Release hands: two waltz steps w/L and R making a small circle separating from and returning to partner M turns twd center, W twd outside of circle.
- 11-20 Rpt. 1-10.

#### PART II

- 1 Step and lean L to L. **extending** joined inside hands, hold.
- 2 W: step L and turn to L to face partner, hold.  
M: Step R and move to R behind partner to face out of circle.
- 3 M: continues around to W's L to face CW w/waltz step L.  
W: waltz step w/R continuing to L to face CW. M's arms encircle W's waist in wrap position.
- 4 Continue turning to L tog. w/1 waltz step.  
M: w/R to face CCW.  
W: waltz step L bwd to face partner and release hands returning to beginning of Part II
- 5-8 Rpt. 1-14

**TRANSITION:**

- 1-2 Step & sway L to L and face partner, hold.
- 3-4 Step & sway R to R, hold.

**PART III (Chorus) - Face CCW.**

- 1-2 Two waltz steps fwd w/L and R facing to L and R.
- 3 M: 1 waltz step fwd w/L turning the W w/R hand.  
W; Full turn to R under joined inside hands w/waltz step R.
- 4 Rock fwd R; bwd L; open R to R and face partner.
- 5 Step and lean L to L.
- 6 W: full turn to L in place w/L,R,L.  
M: three steps R,L,R moving in front of W so that R shoulders are adjacent.  
Extend R arm behind partner's back; join L hands to partner's R w/elbows bent.
- 7-8 Circle tog. w/2 waltz steps L & R returning to face CCW. Release M's L hand and W's R hand.
- 9-12 Rpt. 1-4
- 13-16 Face partner in waltz position. Turn tog. CW w/4 waltz steps advancing on the line of the circle.

**SEQUENCE:** Dance repeats twice, then repeat Chorus an extra time.

Instructions notated by Honey Goldfein-Perry

Presented by Yoni Carr  
Camp Hess Kramer Institute  
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