

RUSSIAN POLKA

" KOKETKA " POLKA

RECORD:

RHYTHM: 2/4

FORMATION: Couples Dance, in Varsouvienne position, facing counter-clockwise.

- DANCE;
1. Both start with L foot . Touch L toe in front of R foot, kick L foot diagonally to L, straightening knee to complete movement.  
In place, step L,R,L, at the same time turning slightly away from center of circle.  
Repeat, touching R toe in front of L foot, kicking R foot diagonally to R, straightening knee to complete the movement.  
In place, step, R,L,R, at the same time turning slightly toward center of circle.
  2. Take seven smooth Russian polka steps, starting with the L foot. On the eighth polka step, stamp in place, R,L,R,

RUSSIAN POLKA STEP. This variation of the polka step omits the hop on the up-beat, leaving "step-close-step"; Step (count 1); close (count and); step (count 2); hold (count and).