

(The ~~Check~~
chick)

SOURCE: Poland; Upper Silesia.

MUSIC: Record: FOLKRAFT 1010-B.

FORMATION: Cpls; facing ptr. Join R hands, L hands to side. Dance CCW.

PATTERN

Meas

PART A:

1-2 Step to M's L. Move up trailing ft. Hands motion gracefully bkwd.
Repeat above & release hands.

3-4 Hands on hips. 3 foot-pointing kicks, starting with R ft.
Pause.

5-6 (Pivot): Hook R elbows. L hand palms above head. Run in place 8 small steps.

7-8 Release hold. Repeat Meas 3-4.

Repeat entire PART A.

PART B:

1-3 Stamp R, swing L across, stamp L, swing R, stamp R, swing L.

4 Stamp L near R & bow from waist.

5-8 Repeat Meas 1-4.

9-10 2 walking steps away from each other.

11-12 2 steps twd each other.

13-14 Pivot singly R-complete circle-with 3 steps, stamp on 4th.

15-16 Pivot singly L with 3 steps, & stamp. Bow.

17-24 Repeat above pattern but with jumping steps & feet tog. Last bow, join R hands. L hand to side. Squat down with knees spread. Rise.

Presented by Vyts Belijus
Idyllwild Workshop - 1971