Kokotek

Pronunciation: kon-KOH-tehk

Record: "Tance Slaskie," DR-7167, side A, band 3, available from Ada Dziewanowska.

This is a dance for a set of two couples, in 2/4 time, known all over Upper Silesia in southwestern Poland, often under different names. This version comes from the area of Rybnik and Pszczyna; the name derived from the word kogut -- rooster. The music is comprised of three melodies, each in a different tempo.

Starting position: Couples in a circle (Woman on R of partner) facing CCW; inside hands joined down, outside hands on own hips; two couples work as a set only in Parts II and III. Styling: Throughout the dance when hands are placed on hips, fingers are forward and thumbs back.



Measures

1-4 Introduction.

PART I (Melody A: 8 meas. played twice)

Couples move in LOD around the circle: (ct 1) step forward on R ft, (ct 2) close 1 L ft to R ft.

Repeat action of meas. 1. 2

Turning to face partner, still holding inside hands: (ct 1) with a slight leap 3 onto R ft in place, thrust L ft forward with toes touching the floor (this step is called the "szkrobok" from the verb skrobać--to scrape, to scratch); (ct 2) repeat "szkrobok" thrusting R ft forward.

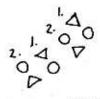
(Ct 1) "szkrobok" thrusting L ft forward; (ct 2) hold.

Hooking R elbow with partner, L hand on own hip, with 8 light running steps, 5-6 starting with L ft, turn once CW.

Three "szkrobok's" as in meas. 3-4, but this time start with a leap onto L ft 7-8

and thrust R ft forward, both hands on own hips.

Repeat action of meas. 1-8, except for meas. 13-14 in which second couple of the 9-16 set does one and a half CW turn putting the Woman on the inside of the circle.



PART II (Melody B, slow, 4 meas. played twice)

Set of 2 couples forms a R hand star: starting 1-4 with R ft move CW with 16 smooth steps (2 per ct); L arms, raised overhead and slightly rounded, waving 8 times: "in" on ct 1 and "out" on ct 2 of each meas.; on the last step turn inward to form a L hand star.

Repeat action of meas. 1-4, Part II, in opposite 5-8 direction, R arms waving now; on the last step close feet toegther and face center of the set.



continued.

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Pattern

PART III (Melody C, fast, 8 meas. played twice)

- Hands on own hips, do 3 low jumps, keeping knees relaxed and feet together, moving toward the center of the set; on last jump Women hold count, bending knees lower, Men jump higher and kick heels up in back, knees bent.
- Repeat action of meas. 1-2, Part III, moving away from the center of the set. 3-4

Repeat action of meas. 1-4, Part III.

- With same 3 jumps and a hold (as Women did in meas. 1-2, Part III) do one 5-8 solo CW turn in place. Styling point: feet should stay together, at the ct 9-10 "hold" upper body turns slightly in the direction of the turn.
- Repeat action of meas. 9-10, Part III, in opposite direction.
- 13-16 Repeat action of meas. 9-12, Part III.
- INTERLUDE: All get into the starting position, second couple changing place with partner to put the Woman again on the outside of circle.

The dance is repeated from the beginning.

Dance introduced in the Fall of 1974 at a workshop with the Cornell University Folk Dancers by Ada and Jas Dziewanowski, who learned it in Cieszyn, Poland, from a noted Silesian folklorist, Janina Marcinkowa. Do not reproduce these directions without Ada's permission: 41 Katherine Road, Watertown, Mass. 02172, tel. (617) 923-9061.