

KOLO 12 SUMADIJA

KOLO from SUMADIJA
(Yugoslavia)

SOURCE: Kolo from Sumadija (Shu mah dee yah) was learned by Anatol Joukowsky from the natives in Yugoslavia.

RECORD: Sonart M - 212B Shumadiya Kolo 2/4 time. No introduction.

FORMATION: Lines of 6 people. Hold onto belts of neighbors with L arm in front of neighbor's R arm. End dancers place free hand behind back. Separate into groups of 4 lines. Each group of 4 lines arrange themselves to form a square, facing in.

STEPS: Knees are flexible. Each step is done with a plie or bend of knee.
Heel Lift: This is a hop that has been diminished to the point where only the heel leaves the ground.

Weaving Run: One step to a ct. On each running step going fwd cross the stepping ft in front of wt-bearing ft. When going bwd, cross the stepping ft behind the wt-bearing ft. This gives a "weaving effect".

MeasuresPattern

I. Side - Step

- 1 Step to R side with R (ct 1). Cross L behind R (ct 2).
- 2 Step to R side with R (ct 1). Heel lift on R as L leg (knee bent) is lifted in front of R lower leg (ct 2).
- 3-4 Repeat action of meas 1-2 but start to L with L.
- 5-16 Repeat action of meas 1-4 three times (8 Side - Steps in all).

II. Long Side Step

- 1 Step to R side with R (ct 1). Cross L behind R (ct 2).
- 2-3 Repeat action of meas 1 (Fig II) two times.
- 4 Step to R side with R (ct 1). Heel lift on R an L leg (knee bent) is lifted in front of R lower leg (ct 2).
- 5-8 Repeat action of meas 1-4 (Fig II) but start to L with L.
- 9-16 Repeat action of meas 1-8 (Fig II).

III. Cross Step

- 1 Step R across in front of L with accent (ct 1). Body is slightly bent fwd over R. L ft remains in place. Step back on L in place (ct 2).
- 2 Step R next to L (ct 1). Step L in place (ct &). Step R in place (ct 2). Hold (ct &).
- 3-4 Repeat action of meas 1-2 (Fig III) but start with L across in front of R.
- 5-16 Repeat action of meas 1-4 (Fig III) 3 times (8 Cross Steps in all).
On meas 16, last ct &, do not hold but instead step R in preparation for Fig IV.

IV. Back and Forward

- 1 Step on L directly behind R heel (ct 1). Small hop on L as R leg is brought in arc around behind L (ct &). Step on R directly behind L heel (ct 2). Small hop on R as L leg is brought in arc around behind

continued...

(continued IV.)

R (ct &). There will be a small amount of movement bwd during this meas.

2

Step L behind R heel (ct 1). Small step fwd on R (ct &). Close L up to R heel (ct 2). Small step fwd on R (ct &). This meas should produce movement fwd to balance bwd movement of meas 1 (Fig III).

3-16

Repeat action of meas 1-2 (Fig III) 7 times (8 in all). Step always starts with L. On meas 16 hold last ct &.

INTERLUDE

1-8

Turning a little to R, walk 7 small steps along side of the imaginary square. Beg R and hold ct 2 of meas 4. Keep lines straight. Turning a little to L, walk 7 steps back to place. Beg L and hold ct 2 of meas 8.

1-16

Repeat action of Fig I.

1-16

Repeat action of Fig II.

1-16

Repeat action of Fig III.

V. Heel Bounce

1

Ft together. Swing heels to R, raising and lowering heels 3 times (cts 1, &, 2). Hold ct &. This would be 3 small bounces.

2

Repeat action of meas 1 (Fig V) but swing heels to L.

3

With larger movement, bounce heels once to R (ct 1). Do 1 large bounce to L (ct 2).

4

In ctr, do 3 small heel bounces (cts 1, &, 2).

5-16

Repeat action of meas 1-4 (Fig V) 3 times (4 patt in all).

VI. Weaving Run

1-2

With body bent fwd, do 4 weaving run steps fwd beg R.

3-4

Straightening body, do 4 weaving run steps back to place beg R.

5-16

Repeat action of meas 1-4 (Fig VI) 3 times (in and out 4 times in all).

1-16

Repeat action of Fig I.

1-12

Repeat action of Fig II. Music fades out so Fig II is not completed.

Presented by Anatol Joukowsky

Notes by Ruth Ruling