

KOMLETRØ

Norway

This is a very simple mixer that you can use to any masurka music. Alix's source is Torieiv Molaug of Stavanger, whom she believes made up this dance.

It was presented at the 1991 North-South Seminar by Alix Cordray of Oslo, Norway.

TRANSLATION: komle = potato ball; trø = step

PRONUNCIATION: koom-leh-TREH

RECORD: Stensgårds, gammeldansorkester, side 2, band 3
(Svingom på Vingrom, Masurka av Aage Sognn)

FORMATION: Cpls facing LOD in skater's pos with MR arm on top of WL.

METER: 3/4

PATTERN

Meas.

INTRODUCTION: 8 meas. beg with full orchestra

DANCE:

1-4 Starting ML and WR, run 12 steps fwd.

5-8 Run 12 steps bkwd.

9-10 Rotate CW (M fwd and W bkwd) with 6 running steps.

11-12 Rotate CCW (M bkwd and W fwd) with 6 running steps.

13-14 Release L hands. M turns W to her own R twice with both running 6 steps in place.

15-16 W run 6 steps in place.

M clap on ct 1 of meas 15 while running 3 steps fwd and turning once to own L, then 3 more steps fwd to next W.

Join in skater's pos to begin dance again.

Original note by Alix Cordray

Format revised slightly by Dorothy Daw. 3/92