

1959 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Mary Ann Herman

KOZACHOK PODILSKY

Ukraine

RECORD: Columbia 27251

FORMATION: Couples in contra lines. To start, partners should be about 5 feet apart.

BASIC STEP: The cue is long, short, short; long, short, short. Leap forward with a long step onto the Right foot, then follow through with 2 running steps Left, Right. Leap long step forward on Left foot and follow through with two short running steps, Right, Left.

PART 1: Couples approach each other with 4 basic steps starting on the Right foot, with hands on hips. Both turn to face head of the hall and man puts Left arm around lady's waist as she places Left hand on her chest (bosom!). In this position both move forward swiftly with 4 basic steps.

PART 2: Side Step - Two light running steps in place, R, L, then cut Left foot to side as you step on Right foot. Two light running steps L, R, then cut Right foot to side as you step on Left foot.

Do the Side Step moving backwards for 8 measures.

PART 3: Place both hands on hips and man will move diagonally forward to Left, lady to her Right with the Stamp-Kick Step:

Man does: Stamp short step forward on L foot, bending both knees. Cut L foot out of place into a kick by placing R foot in the place of L foot and take 3 quick steps, LRL. Stamp short step forward on R foot. Cut R foot out of place into a kick by placing L foot in the place of R foot and take 3 quick steps, RLR.

Lady does the same as man but starts on her Right foot.

Both move diagonally forward with this step for 8 measures.

PART 4: Couples are now far apart at the head of the hall and will move towards each other with a Tapping Step.

Tapping Step - Step on R foot bending R knee, count 1. Step and rise on L toe with straight leg, count and. Step on R foot again, and step and rise on L toe for count 2 and. Continue in this manner. The step is also done by stepping on L foot and touching R toe to floor.

Couples get into this figure by making one full complete turn in place. The man turns to the Right with a high leap on R foot, the

PART 4 continued:

lady turns L with a high leap on L foot. The man then moves sideways to the Lady tapping with R foot 8 steps. The lady moves sideways to the man (at the end of the turn she places L hand on bosom) for 8 steps, timing herself so that she is directly in front of man on the 8th step. Here she makes another full-turn-in-place in front of the man and continues to do the Tapping Step to her Left, as the man continues to his Right with the Tapping Step. Both are now in exchanged places. As the man passes in back of lady, his arm goes out as if to embrace her but she eludes him. Now both change feet by man leaping on his R foot, lady on her L foot. (She places Right hand on bosom.) (There is no turn here) and lady now moves with Tapping Step to her Right, man to his Left. In the middle, as before, the lady will make one complete turn to her Right and both continue dancing into original positions with the Tapping Step.

PART 5: Both fold hands on chest and move straight backwards with this step:

Take 2 steps in place, R, L. Then lightly leap on R foot projecting L foot straight forward in a kick. Then take 2 steps in place, L, R, and kick R foot forward. Move backwards alternating feet like this for 8 measures.

PART 6: Both clap hands once vigorously and place outside hand in air overhead, the other on hip, and move towards each other with the Tapping Step as in Part 4. Lady passes in front of man and here both change hands so that outside hand is in air, inside hand on hip. Move sideways with 16 steps.

Now clap hands once more and return to original places with 16 Tapping Steps, changing hands in the middle again.

PART 7: Lady does free solo for 8 measures doing any combination of Ukrainian steps she wishes as long as she finishes in starting position. Man then does the same for the next 8 measures of music, using his show off steps.

NOTE: Another version calls for the man and lady to move diagonally forward, man to R, lady to L, criss-crossing in the middle with the basic step found in the first figure, then return backwards to place with the basic side step found in Part 2.

PART 8: Both move forward with hands folded on chest with the following step:

Kick R foot underneath L kneecap.
Kick R foot straight forward.
Take 3 quick steps in place, RLR and on the last count cut L foot out to side.

Kick L foot underneath R kneecap.
Kick L foot straight forward.
Take 3 quick steps in place, LRL and cut R foot out to side.

Move forward this way for 8 measures.

Kozachok Podilsky

PART 9: Face partner and move towards each other with Right toe Tapping Step for 8 steps and the lady then turns left into position beside the man as he places Right arm around her waist and both tap in place for 8 steps. Then both move backwards with the same step as in Figure 2.

PART 10: Face partner and move backwards with the same step as in Part 5, but bring hands from hip position up and forward and back on to the hips with each sequence of steps.

At the finale of the dance, run to partner. Man places Right arm around lady's waist, lady places Left hand on her bosom and both run off the floor with basic step of the first figure.