KRAKOWYAK

The dance comes from the region of Krakow, Poland. The KRAKOWIAK may contain many figures. The following version was arranged by Henry Jankowsky. KRAKOWIAK is pronounced krah-KOH-vee-ahk.

MUSIC: Record: ABC-Peramount 127, band #1 (33RPM)

FORMATION: Dance arranged for 4 cpls in a set, cpls in semi-closed social dance pos outside arms lifted, high, May be re-arranged to fit any other krakowiak music.

Music 2/4

Dance Pattern and Step Description

2 Meas.

Intro.

I. GALOP: (Step described for M; " use opposite ft. wk) step L fwd in LOD (ct 1); draw R to L with heels lifted. then drop down onto heels (ct %); repeat all (cts 2%).

1-8

proceed cpl after cpl in a CCW moving circle, and them make a line with the first cpl of each set facing audience. On the 1st ct of the last meas, jump onto both feet and hold. (According to the number of sets dancing and the size of the hall, sets may line up one benind the other side by side)

0000 0000 0000/ 0000 OX, XOX xxxx or øx OX

II. HOP-STEP-STEP : mand nos. as in Fig I. (Step described for M; W use opposite ft wk). Hop on R (ct 3); sten on L (ct 1); step on R(ct 2).

Cpl turn COW in place "Ith 7 Obroty steps, M dencing bade.

W dancing fwd.

Stamp, M on L, W on R, to end in position as at beginning

of figure. III. TURNING HOP-STEP STEP: Ptrs freing, both under joined, R shoulders some hat clover but not adjoining. Make 1 turns CW in 3 ness, using Obroty sten, but poth M and W begin with non on outside ft. (L). On near 12, stamp

R. L. R.

continued . -

9-15

16

1-4

5-8

Reversing footwork of Mers 9-12 (fig III), cpl turn CC' (L shoulders somewhat closer), and with stamp L,

1-8

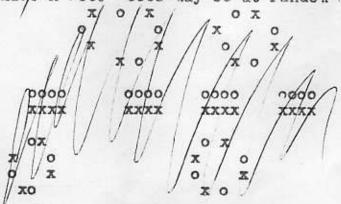
R. L. SIDE WITH LIFT-STEP (Step described for M; W use oppos ftwk. M dance vigorously, W with more feminine grace). Ptrs both face audience, handhold released: step vigorously out to L side on L "hile swinging both arms out to L side (ct 1); ster on R next to L, lifting heels (ct &): lower heels (ct 2). Report in opposite direction with opposite ftwk and hand motions (2nd meas) Facing audience, dence the same steps, moving slightly apare, then two ptr, four times in all.

V. CLCK-STEP and STAMPS; (step described for M, W use opposite ftwk). Moving to L, hop on R, clicking heels (ct 1); repeat (ct 2): in place, stamp L, R, L (2nd meas) Moving to R, repeat action with opposite ft wk.

Ptrs nove away and twd each other with same steps and 17-24 arch arm up in direction of movement while heel-clicking; both hands on hips during stamps.

D VI GALOP INTO CIRCLES

25-32 & Cpls in open-ballroom position, outside hand neld nign 25-32 rptd repest 15 meas of Galop (as in Fig I) except that this time the leader of each set must lead his set CC into its own circle. Finish the figure with a jump onto both Beet (on the first cout of the last meas), everyone facing ctr of hisomn set. Sets may be at randon on the floor.



E

VII CLICK-STEP IN CIRCLES

33-40 Join hands in sets. Dance CUCK-STEP AND STAMPS (described in Fig V), first to R, then to L, then to R and L again (4 timesin all. M & W use some ft.ork)

VIII. "CHAIN" WITH ELBOW-HOOK E Rotd A smoth two-step is used during this fig.

33-40 Freing ntr, extend L hand tod next person in line maile will move CCW; W, CW (meas 33); extend R arm twd next

contruel.

person (this will be your opposite). again moving fwd with one two-sten (neas 34); hook R elbow ti with this person and turn once CW with two two-steps (neas 35-36); M continuing to proceed CCW and W, CW, take L hard of approaching person was and progress fwd with one two-sten (meas 37); extend a arm two approaching ptr while progressing fwd with one two-sten (meas 38); hook R elbow with own ptr and turn CW with two two-steps, ending in a double circle of ptrs, M facing out (meas 39-40).

F

IX. CLICK-STEP in CPL SQUARE (lead hand high during heelclicks, hands on hips during stamps, step described in Fig V)

41-48

XI

Moving to own R, dance one -CLCK-JTCP: (two neelclicks) and three stamps (meas 41-42); make a 90 turn CW and dance ! CLCK-JTCP and 3 stamps to own R-ptrs facing (meas 45-46) make a 900 turn CW and dance and 3 stamps to own L-- ptrs backs two each other (meas4/-48).

41-48 rptd Repeat action of Fig IX, meas 41-48. End in a double circle, ptrs facing as at beginning of figure.

G KW CIRCLING W use a smooth two-step throughout this fig.

49-56 & On the first beat of meas 49, M kneel on R knee facing

19-56 rptd taking her L hand in his R to immediately assist her into (16 Mess) the ctr of the circle, while he turns CCW on his knee to face ctr. W's action: Enter cirle in front of turning ptr: join hands with other W in ctr of circle CC. 12 times drop hand-hold and go around opp man CCW; re enter circle, rejoin hands with other W in ctr and cirle CCW 12 times; drop hand hold- and go around own ptr CCW to return to position on outside of set as at beginning of filmre, M rise up to standing position on lst ct of last mess; click heels together on floor on 2nd ct of last mess.

REPEAT OF FIGURES I-VI

B9-16 & Repeat action of Fig I, and preforming sets on floor as 9-16 rptd in the diagram in Fig I
A 1-8 Repeat action of Fig II

A I-8 rptdRepeat action of Fig III
B 9-16 Repeat action of fig IV
B 9-16 rotdRepeat action of FIG V

C 17-24 & Repeat action of Fig VI, except that this time, 17-24 rptd during the last 8 meas form a large group, all facing the audience.

D XII

25-32 Onen ballroom position, cols turn CCW in place with 8

OBROTY steps (described in fig II). continue...

25-31 rptd W slip L hand behind ntrs neck to his L shoulder while cpl continue to turn CCW in place with 7 more OBAOTY steps.

32 rptd Fecing front, jump onto both feet (ct 1); lift outside foot in front, knee bent (ct & 2. Hold Pose.