Krstačka

(Ovčepole, Macedonia)

SOURCE: Sasko Anastasov

MUSIC: Laguna Folkdancers Festival 2006 CD FORMATION: Open circle with "V" or "T" (shoulder) hold

RHYTHM: 3/16 / / / / / /

METER: 3/16 PATTERN

Meas

Basic

- Facing slightly R of center, step Rft fwd (ct. 1); lift on Rft bring Lft up, fwd and through (ct. 2); step Lft fwd (ct. 3); lift on Lft turn to face center and raising R knee (ct. 4); close Rft to Lft (ct. 5).
- Facing center, lift on Rft bringing Lft and knee around and to back (ct. 1); step Lft behind Rft (ct. 2); turning to face R of center step Rft fwd and to R (ct. 3); lift on Rft and bring Lft though (ct. 4); step Lft fwd (ct. 5).

Variation with Touches

- 1 Repeat action of meas. 1 of Basic. Close on ct. 5 may be accented.
- Facing center, touch ball of Lft in front of Rft (ct. 1); touch ball of Lft slightly to L (ct. 2); touch ball of Lft in front of Rft (ct, 3); lift on Rft and bring Lft around back (ct. 4); step Lft behind Rft (ct. 5).

Variation with Turn

- 1 Repeat action of meas. 1 of Basic but end to face L of center.
- 2 Repeat ftwk of meas, 2 of Basic but turn 360° clockwise (to R) initiating turn with step onto Rft (ct. 3); and turn during lift (ct. 4); finish turn with step Lft df (ct. 5).