# KUJAWIAK NIEBIESKI (Polish)

SOURCE:

This dance was choregraphed by Morley Leyton and Prestentro at the Stockton Folk Dance Camp in 1969. The name means "Blue Kujawiak",

MUSIC:

RECORD: MUZA NPO6 or BRUNO 50138 (Zlociste Lany)

W only in circle facing ctr. Free hands on hips (fingers

fwd) except when otherwise specified.

STEPS:

· BASIC MAZUR AND MAZUR VARIATIONS

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MUSIC:	3/4	PATTERN	
Meas.			
30		FART I STEP CLOSE	
1	24	Step R foot to R side turning body also (R shoulder twd ctr)(ct 1), hold (ct 2), close L foot to R with no weigh (ct 3).	ıt
2		Repeat PART I (meas 1) with opposite footwork to face ct again.	;r
3-4		Do 2 basic mazur steps to R (CW) in LOD to complete one full turn. Basic Macur: Step softly on R ft while bending knee (ct 1), step fwd on L ft still in "down" pos - then rise up onto ball of L ft (ct 2), step fwd on ball of R ft (ct 3). The action tends to keep you down on cts 1 & 2 with a light springy action (ct 3) - "Down, Down, Up".	
5-16		Repeat PART I (meas 1-4) three more times.	
		PART II THE STEP	
		Step on R heel with leg extended straight in front (toe turned slightly to R) while the upper body moves in opposition, with L elbow brought fwd (ct 1), step on L ft in place (ct 2), close R ft back to L (ct 3).	
2		Repeat PART II (meas I) with opposite footwork and elbow	
3 🔻		With feet parallel bounce on heels twice (cts 1 & 2), op heels keeping toes together (ct 3).	en
4		Keeping heels in place open toes away from each other while bending knees (ct 1), with knees still bent raise & lower the heels twice (cts 2 & 3). Legs should be spread apart.	
5-16		Repeat PART II (meas 1-4) three more times, except on third repeat only raise & lower heels once thus holding	

Continued ...

last (ct 3).

#### FART III CLICK & RUN

- Still facing ctr hop lightly on L ft and click R heel (ct 1), land softly on R ft with strong down accent keeping R knee well bent (ct 2), step across in front of R with L ft so that you start to face LOD (ct 3).
- Continue to progress in LOD while turning to face out (back to ctr) by stepping fwd with R ft (ct 1), turn to face out and step to side with L ft (ct 2), still facing out step across in front of L with R ft (ct 3).
- 3-4 Repeat FART III (meas 1-2) with opposite footwork continuing to move in LOD and end facing ctr.
- 5-16 Repeat PART III (Meas 1-4) three more times.

#### BREAK

1-4 Take 4 slow walk steps to turn R CW once in place.

REPEAT PART I, II and III.

## BREAK

1-4 Same as other break except make 11 turn to face LOD.

# PART IV BELL STEP AND HEEL FORWARD STEP

- Keeping feet parallel and using the action of the basix mazur step drop onto R ft in place while leaning to R (ct 1), still in bent pos step on L ft to side still leaning (ct 2) step onto ball of R ft in place (ct 3).
- Repeat FART IV (meas 1) with opposite footwork and lean.
  Pendulum effect should be felt.
- Moving fwd in LOD hop on L ft and lift R knee in preparation (ct 1), step fwd onto R heel keeping R leg stiff (ct 2) weight still on R heel close L ft to R and take weight (ct 3).
  - Repeat PART IV (meas 3).
- 5-16 Repeat PART IV (meas 1-4) three more times, except end facing ctr.

### PART V BALANCE AND TURN

- Using the action of the basic mazur step and turning body slightly to R (CW), step down onto R ft while arm swings to R side at waist level and palm up (ct 1), still in down pos step onto ball of L ft behind R (ct 2), rise up onto ball of R ft in place (ct 3).
- Repeat FART V (meas 1) with opposite footwork and swinging R arm across body at waist level and palm down.

## KUJAWIAK NIEBIESKI Con't

3	Perform a $1\frac{1}{4}$ turn to R (CW) with R arm swinging to R side low with small hop on L ft (ct 1), step with R ft close behind L heel while bending knees (ct 2), continue turn
	to completion by rotating on the ball of the R ft and the L heel to end with feet parallel (L shoulder twd ctr) facing LOD (ct 3).

Raise R arm at 45° above shoulder and away from ctr with palm up, while clicking heels 3 times in place.

Repeat PART V (meas 1-4) with opposite footwork and using  $\frac{1}{2}$  arm, except turn is  $\frac{1}{2}$  to L (CCW) to end R shoulder to ctr facing RLOD and only 2 heel clicks are used.

9-16 Repeat FART V (meas 1-8) and hold pose for ending.

Presented by John Hancock Idyllwild Weekend - 1973