

# LACES AND GRACES

(American)

There is reason to believe that Laces and Graces was originally an English ballroom dance. It has undergone modifications in the American social environment resulting in this present form which is popular in the West.

**MUSIC:** Record: Imperial 1006-B. This record should be played more slowly.  
Piano: Sheet Music, "Laces and Graces," Witmark and Sons, N. Y.

**FORMATION:** Couples in a circle, facing counter-clockwise, inside hands joined.

**STEPS:** Pivot\*, Step-swing\*, Slide, Two-step\*.

Music (6/8)	PATTERN	
		<b>I. Point, Pivot and Slide</b>
<b>A</b>	1	Each start with outside foot; point fwd., point swd.
	2	Step bwd. on outside foot, and pivot once around. (Pivot on L for M and R for W). Partners turn out, or away from each other, on pivot. At end of pivot partners are facing each other with both hands joined.
	3	Step-swing: M steps on R and swings L across in front; W steps on L and swings R across in front.
	4	Repeat step-swing in opposite direction.
	5-6	Still facing and holding both hands, partners take 4 sliding steps CW.
	7-8	Couples face LOD, inside hands joined, walk 4 steps starting outside foot. (ML, WR).
9-16	Repeat action of meas. 1-8.	
		<b>II. Two-Step</b>
<b>B</b>	1-8	Partners standing face to face, inside hands joined, two-step swd. in LOD (meas. 1); swinging inside hands fwd. two-step fwd. with partner back to back (meas. 2). Continue two-step, face-to-face and back-to-back, for eight steps in all.
	9-16	Take ballroom position and two-step partners turning clockwise while progressing counter-clockwise in circle. On the last two meas. M turns W under his R arm so that at the end of the last meas. partners are side-by-side, with inside hands joined, ready to repeat the dance.