

LĂMIȚA
(Romania)

RECORD: Romanian Tour 77
Side 2 - Band 7

METER: 2/4

NO INTRODUCTION

COUNT:

MOVING RLOD

- Ct.(I) Step R over L with slightly bent knees
(&) Step L to L

Repeat 7 more times. On ct. 8 (with weight on R) L swings in front and crosses over (ct. &).

Repeat pattern with opp. ftwk, moving to R

FIG. II, Step I

Facing ctr., moving diagonally L and R

- Ct.(I) R crosses over L
(&) L steps to L
Ct.(II) R crosses over L
(&) L swings over

Repeat same Pattern with opp. ftwk moving diagonally to the R

FIG. II, Step II

Moving directly to ctr.

- Ct.(I) R swings over L
(&) Weight on R with very slight hop
Ct.(II) L swings over R
(&) Weight on L with very slight hop

With weight on L

- Ct.(I) Stamp R
(&) Lift R
Ct.(II) Stamp R
(&) Lift R

Moving Backwards

- Ct.(I) Step back on R
(&) Move L next to R
Ct.(II) Move R Back with full weight
(&) Move L next to R

Reverse ftwk starting with L

- Ct.(I) With wt on L, R free step back on R bearing full wt
(&) Lift L ft
Ct.(II) Step L back
(&) With full wt on L lift R
Ct.(I) Stamp R in place
(&) Lift R
Ct.(II) Stamp R
(&) Lift R

START DANCE FROM BEGINNING

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