

LECHU NA'RANENA

Dance: S. Gov-Ari
Music: Boaz Sharabi
Formation: Circle

PART I-A Holding hands, facing center

- 1 - 4 Grapevine step R to right with slight bend of knees with every step
- 5 - & Hop on L in place, R to right on heel - 2 quick movements
- 6 Close L next to R
- 7 - 8 Repeat 5-6
- 9 - 12 2 yemenite steps quickly R,L
- 13 Drop hands. Wide step R to center knee bent. Stress hip R to right and snap fingers with both hands in front of right hip
- 14 L in place from behind, pivot on L turn BWD by L shoulder
- 15 - 16 Repeat 13-14, start R toward outside and finish full turn L

PART I-B

- 1 - 12 Repeat 1-12 Part I-A
- 13 R to right in line-of-direction knee bent, stress R hip to right
- 14 Close L knee bent
- 15 - 16 Repeat 13-14, hands move R towards outside and finish full turn L

PART II

- 1 - & R to right, close L - 2 quick steps
- 2 Fall on R to right knee bent (slight hold)
- 3 Stress L behind in air, R and knee bent (slight hold)
- 4 - & R to right L cross in front of R knee bent - 2 quick steps
- 5 - 8 Repeat 1-4
- 9 Step \$ to center, knee bent
- 10 Lean on L behind, knee bent
- 11 - 12 Repeat 9-10 - "daase"
- 13 Stamp and fall on R to center FWD with knee bent
- 14 Stretch L heel in front near R
- 15 - & L cross behind R, R to right in 2 quick steps
- 16 L cross in front of R
- 17 - 32 Repeat 1-16

PART III

- 1 Bend low and heavily jump in place with 2 legs together and knees bent
- 2 - & 2 strong heavy quick hops in place on R, knees bent, L lifted up with knee bent
- 3 - & L cross behind R, R to right in 2 quick steps
- 4 L cross in front of R
- 5 R to right wide step and lean R
- 6 Lean L to left
- 7 - & Stretch heel R in front close to L hop (heavy) and low on R in place with knee bent (2 quick movements)
- 8 Step L to center FWD
- 9 Step R diagonal, R FWD
- 10 Close L, without leaning, snapping fingers
- 11 - 12 Repeat 9-10 opposite feet (begin L to center, diagonal L FWD)
- 13 - 16 Moving in semi-circle R towards outside and return to line of circle. Every step bend knees. Finish facing center
- 17 - 32 Repeat 1-16