

LEMA'ANA (To Her)

Dance: Moshiko
Music: Ladino Melody

FORMATION: Couples face CCW, man inside, girl outside, join inside hands at elbow level, bent and extended forward. Outside hands are on hips. Start with outside foot (Man L, Girl R). Man's step described.

PART ONE

1. L forward.
2. R forward.
3. L & R forward.
4. L forward.
- 5-8. Reverse 1-4, start R forward.
- 9-16. Repeat 1-8. On counts 13-16, man walks in place, girl moves forward and meets a new partner.
- 17-32. Repeat 1-16 but don't change partners.

PART TWO

1. Leap on L to L side (with bent knees).
2. Leap on R to R side and cross L in front of R.
3. R backward and lift L flexed in front of R.
4. Clap back of R hand on L palm (girl reverse).
- 5-8. Repeat 1-4 exactly.
9. L forward.
10. R forward, turning in to face ptr.
11. Release hands. L & R in place, continue turn to R side to face CW.
12. L in place.
13. R backward, continue turning.
14. L in place, finishing turn. A complete turn has been made in 10-14.
15. R&L in place. Join inside hands again, facing CCW.
16. R in place.
- 17-32. Repeat 1-16.

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