LILJANO, MOME UBAVO
Macedonia

This dance is the same type as Žensko Krsteno or Postupano, which originated in the Vardar valley, near Skopje. It is done on any occasion for celebration; weddings, slavs, birthdays, etc. May be danced to many different tunes, either with orchestration or sung by the dancers themselves. The title means "Liljana, Fair young girl" and the words of the song are addressed to her.

RECORD: AK-006 (LP) or
Folkraft 155 (45)

FORMATION: Lines with hands joined in "W" pos. Knees should be flexible throughout to achieve the plie effect.

RHYTHM: 11/16 meter, counted here: 1-2 3-4 5-6-7 8-9 10-11
(Q,Q,S,Q,Q) 1 2 3 4 5

METER: 11/16 PATTERN

Meas.	Cts.	
		VARIATION I:
1	1	Facing slightly R and moving in LOD, lift on L, bend R knee to raise R across L leg.
	2	Lift on L.
	3	Step R fwd.
	4	Close L to R
	5	Step back on R, bending knees
2		Repeat meas 1 with opp ftwk and direction.
		VARIATION II:
1-2		Repeat meas 1-2, Var. I.
3	1-3	Repeat cts 1-3, meas 1, Var. I
	4	Touch L next to R, bending knees.
	5	Hold
4	1	Quick lift-step R fwd.
	2-3	Lift-step L fwd
	4-5	Repeat cts 4-5, meas 1, Var. I
5		Repeat meas 1, Var. I with opp ftwk and direction.

Presented by Atanas Kolarovski
January 9-10, 1982

Notes by R & S Committee