Ludo Kopano
(Bulgaria)

Bulgarian line dance taught by Dick Crum, as learned from Ilija Rizov. This is a version of the Shope dance Kopanica, in typical 11/16 meter.

PRONUNCIATION: Loo'doh ko'-pah-no
MUSIC: Any "Kopanica" recording will do; Laguna Folkdancers Festival 2006 CD.
FORMATION: Lines of dancers in belt formation.
RHYTHM: 11/16 counted in five main dance beats:

♪ ♪ ♪. ♪ ♪

1   2   <u>3</u>   4   5

METER: 11/16   PATTERN

Meas   Count

FIGURE 1 - "Zaigraj"

Meas	Count	
1	1	Slight lift on Rft, moving diag. fwd/L.
	2	Step Lft, moving fwd/L.
	3	Kick Rft across ("hook"), with chukche on Lft.
	4	Step Rft moving to R "Across front of " stage".
	5	Step Lft moving to R "Across front of " stage".
2	1	Step Rft moving to R "Across front of " stage".
	2	Step Lft moving to R "Across front of " stage".
	3	Step back on Rft, landing on both feet in 4th position.
	4	Slight hop backward on Rft.
	5	Step backward on Lft
3	1	Hop backward on Lft.
	2	Step backward on Rft.
	3	Step diagonally fwd/L with Lft.
	4	Hop on Lft moving diag. fwd/L.
	5	Step fwd/L on Rft.

FIGURE 2 - "Čukni"

Meas	Count	
1	1	Hop fwd on Rft.
	2	Step fwd on Lft.
	3	Kick Rft fwd, hitting heel on floor.
	4	Leap onto Rft, kicking L leg up behind R leg and bending forward.
	5	---
2	1	Leap onto Lft, kicking R leg up in front of L leg.
	2	---
	3	Leap onto Rft, swinging Lft fwd and out in an arc.
	4	Hop on Rft in place, continue Lft's arc out to side
	5	Finish arc by stepping on Lft behind Rft.
3	1	Hop slightly back on Lft.
	2	Step backward on Rft.
	3	Step fwd on Lft.
	4	Hop fwd on Lft.
	5	Step fwd on Rft.

FIGURE 3 - "Čukni-hlepni"

1	1	Jump, landing on both feet apart and parallel.
	2	Jump, landing on both feet together and parallel.
	3	Jump, landing on both feet apart and parallel.
	4	Jump, landing on both feet together and parallel.
	5	Jump, landing on both feet apart and parallel.
2	1	Jump, landing on both feet together and parallel.
	2	Jump, landing on both feet apart and parallel.
	3	Jump, landing on both feet together and parallel.
	4-5	Hold.
3	1	Rock back on Rft.
	2	Rock forward on Lft.
	3	"Hook" Rft up in front, with hop on Lft.
	4	Rock back on Rft.
	5	Rock forward on Lft.
4	1	Step fwd with Rft.
	2	Step in place with Lft.
	3	With slight preliminary hop on Lft, step Rft behind Lft..
	4	Hop on Rft.
	5	Step Lft behind Rft.
5	1	Hop on Lft.
	2	Step Rft behind Lft.
	3	Kick L heel fwd.
	4	Step Lft in place.
	5	Kick R heel fwd.

FIGURE 4 - "Skŭrši"

1	1	Step Rft in place.
	2	Step Lft in place.
	3	Step Rft in place, bending L knee up across and turning slightly R from the waist down.
	4	Hop on Rft in place, wrenching knee to L.
	5	Step Lft in place.
2 - 3		Do movements of Meas. 1 two more times.
4	1	Step Rft in place.
	2	Step Lft in place.
	3	Step Rft in place. .
	4	Hop on Rft, bringing straight L leg around in front.
	5	Strike L heel across in front of R, L knee straight.
5	1	Hop on Rft, bringing straight L leg to L side in front.
	2	Strike L heel on floor out to L side.
	3	Strike L heel across in front of R again.
	4	Hop on Rft.
	5	Step on Lft behind Rft.
6	1	Hop slightly back on Lft.
	2	Step backward on Rft.
	3	Step fwd on Lft.
	4	Hop fwd on Lft.
	5	Step fwd on Rft.

NOTE: On subsequent repeats of the "Skŭrši" figure, ct. 1 of Meas. 1 will be a hop on Rft instead of a step.

FIGURE 5 - "Nabi-plesni"

1	1	Step L with Lft.
	2	Step Rft behind Lft
	3	Step Lft in place.
	4	Hop on Lft in place, raising R knee.
	5	Strike R heel on floor.
2	1	Step Rft in place.
	2	Strike L heel on floor.
	3	Step on Lft in place, extending straight R leg to L.
	4	Facing slightly L, hop on Lft, R leg still extended up.
	5	Brush Rft backward
3-4		Repeat Meas. 1-2 but with opposite footwork.

FIGURE 6 - "Hvŭrli"

1	1	Hop on Rft, turning body to face L.
	2	Rock back onto Lft behind Rft.
	3	Rock fwd onto Rft.
	4	Hop on Rft .
	5	Tap tip of L toe behind Rft.
2	1	Hop on Rft
	2	Tap tip of L toe behind Rft again.
	3	Hop on Rft, abruptly turning and kicking Lft across in front of R leg.
	4	Hop on Rft.
	5	Strike L heel fwd
3-4		Repeat Meas. 1-2, but with opposite footwork, beginning with a step onto Lft, turning to face R, etc.