Circle dance, facing in twd Ctr, hands joined down. R footed dance.

```
PART I
 1
    R
     L
           Mayim around Cw, vigorously with twists and leaps.
    R
     L
5-16:
        repeat.
                                          PART II
1
    R
2345678
           run fwd, twd Ctr, \ bend over with arms down and then straighten up,
    L
           facing in twd Ctr. / raising hands high wide fwd on next three counts.
    R
    L
    R
          run back, out from Ctr, normal height and hands down.
    L
    R
    L
9-16:
       repeat, except turn on count 16 to face Cw.
                                          PART III
    L
           run fwd, around Cw, facing Cw with hands joined down.
    R
                                          PART IV
1
    L(R)
2
    L(R)
345678
    L(R)
          hop in place, touching R toe fwd, twd Ctr; then diag back to side.
    L(R)
    L(R)
    L(R)
    L(R)
          hop in place, touching R toe fwd, twd Ctr.
          hop in place, changing feet and dropping hands.
    R
9
    R(L)
10
    R(L)
11
    R(L)
          hop in place, touching L toe fwd, twd Ctr and clap;
12
    R(L)
          then touch diag back to side, arms wide.
13
    R(L)
14
    R(L)
15
    R(L)
          hop in place, touching L toe fwd, twd Ctr, and clap.
16
          hop in place, changing feet.
```