

A POT OUT A

Dance from Northern part of Mexico. This dance was learned from Mr. Taime Balandran of the Ballet Folklorico de Amalia Hernandez.

Pronunciation: el mess-kee-TONE

Record:

D.L.V. D 703. Rogelio Guiterrez y su conjunto.

Formation:

Cpls scattered informally, facing "front," (any single wall

agreed upon by the dancers).

## Meas

## Pattern

STEP 1. Both start on R ft.

Step fwd on R heel (toe up).

Step fwd on L ft (as R toe turns out).

Stamp fwd on R, stamp R ft out to R (no wt).

This is the basic step, and it is done 8 times, except the first time omit the first two steps, and start with the stamps as there is no introduction.

STEP 2. Turn to face ptr, assume ballroom pos.

Do 3 Jarabe steps. Brush R heel 3 times twd M's L side.

Do this step 4 times.

STEP 3. Travel twd "back." Face ptr, hands on own hips.

M starts with R ft, W with opp.

Stamp R ft to R, close L ft to it, stamp R ft to R. With two stamps, turn away from ptr.

This rhythm is slow, slow, slow, quick, slow.

Repeat step back-to-back with ptr -- same direction.

Repeat all -- same direction.

Repeat action of Step 3 moving twd "front."

Cue words: step-close-step and turn. 4 twd back, 4 twd front.

STEP 4. Face "front," place inside hand on ptr's inside shldr. Both use same ft.

Hop on L ft as you tap R toe behind L.

Hop on L ft as you tap R toe to R side (but back).

Repeat 7 times in all, then brush R ft fwd.

Repeat with L.

Repeat all. End facing ptr, take ballroom pos.

FOLK DANCE CAMP - 1975

## EL MEZQUITON (continued)

STEP 5.

Tap L behind R 4 times. Do 4 grapevine steps to R.

Tap R ft behind L 4 times. (Hop on other ft as you do these "taps.")

Do 4 grapevine steps to L (or "front").

Repeat all.

STEP 6. Join hands.

Continue "front" (to M's L) with 4 grapevine steps.

Do "broken ankle" turn to M's L, W's R -- turn away from ptr.

If you can, keep hands joined as in "wring the dishrag."

Repeat twd back.

Repeat all.

## STEP 7.

Repeat action of Step 1, but do not omit first 2 cts.

End by repeating the last 2 stamps on R ft.

Presented by Nelda Drury.