NAD ILAN

Line dance, facing in twd Ctr, hands joined down. R footed dance.

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PART I
          step to side, around Cow.
1
    R
2
    hold
   (L)
          touch toe across over R.
4 5 6
                                                 similar to Miserlou.
    hold
          step across behind R. \ around Ccw,
    L
                                   facing in
    R
           step to side.
78
          step across over R.
                                 twd Ctr.
    L
    hold
9 - R
          sway to side, around Ccw.
10
    hold .
11
    L
          sway to side, around Cw.
12 hold
13 R
           step around Cow, facing in twd Ctr, crossing L over R.
14
    L
15
    R
16
    L
    R
          sway to side, around Ccw.
17
18
    hold
19 L
          sway to side, around Cw.
20 hold
21
          sway to side, around Ccw."
    R
                                      feet staying in place.
          sway to side, around Cw.
22
    L
23 R
          sway to side, around Ccw.
24 L
          sway to side, around Cw.
25-48:
        repeat.
                                         PART II
          step hop fwd, twd Ctr, R shoulder in twd Ctr.
1
    R
2
    R
3
4
5
6
7
8
9
         step hop fwd, twd Ctr, L shoulder in twd Ctr.
    L
                                                                 sedate step hops.
    L
         step hop back out from Ctr, R shoulder out from Ctr.
    R
    RA
         step hop back out from Ctr, L shoulder out from Ctr.
    L
    L
           step fwd, around Ccw, turning first to face Ccw.
    R
10
    L
           step back to place.
11
          close
    R
12
    hold
13
   L
          step fwd, around Ccw.
14
    R
          step back to place.
15
    L
          close
16
    hold
17
    R
18
    R.
19
    L
20 L
                                                              confinued ...
         repeat 1-8.
21
   R
    R
22
23
    L
24
```

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. 76
25
    R
          accentuated sway to side, around Ccw, hands held high, L ft still in place.
26
   hold
27
    hold
28
    hold
29
    L
         accentuated sway to side, around Cw, hands held high, R ft still touching
30
    hold
    hold /floor.
31
    hold
32
                                         PART III
         step hop fwd, around Ccw, facing Ccw, hands down.
1
    R
2
    R
         step hop back, around Cow, turning CCW
3456
    L
         Ithrough Ctr to face Cw on first count.
    L
         \step hop back, around Ccw.
                                                                sedate step hops.
    R
    R
          step hop fwd, around Cow, turning CW
78
    L
         Ithrough Ctr to face Cw on first count.
    L
           step fwd, twd Ctr, turning first to face in twd Ctr.
 9
    R
 10
           step back to place.
    L
           close
 11
    R
_12
    hold
           step fwd, twd Ctr.
 13 L
           step back to place.
 14 R
           close
 15
    L
 16
     hold
 17
     R
 18
     R
    L
 19
           repeat 1-8.
 20
    L
 21
     R
     R
 22
 23
     L
 24
     L
 25
     R
           accentuated sway fwd, twd Ctr, hands held high, L ft still in place.
 26
     hold
 27
     hold
 28 hold
 29
     L
     hold (accentuated sway back to place, hands held high, R ft still touching floor.
 30
  31
     hold
32
     hold
```

Alt: counts 9-16 of parts 2 and 3 may be interchanged, as may counts 25-32. Mix and match. Parts II and III are not so much a dance as a study of right angles.