1962 SANTA BARBARA FOLK DANCE CONFERENCE

Presented by Carolyn Mitchill

OKLAHOMA MIXER ◯

(American)

SOURCE: This dance was taught by Rev. Larry Eisenberg at the
Pacific Recreation Laboratory School, Asilomar, California,
September, 1947. This progressive type dance is popular
in the Southwest, particularly Texas. The title, "Oklahoma
Mixer" is used here because the present version was learned
in Norman, Oklahoma.

MUSIC: Records: Folkraft 1035 "Oklahoma Mixer"
                Columbia 37332 "Starlight Schottische"
                Coral 60792 "Shepard's Schottische"

FORMATION: Couples in double circle formation in Varsouvienne position*
facing counter-clockwise.

STEPS: Two-step*, Heel-toe*.

Music   Pattern

Measure I. Two-Step and Walk

1-2   In Varsouvienne position, couples take a step-close-step
hold diagonally fwd. L, starting with L ft (cts 1,2,3,4)
and a step-close-step hold diagonally fwd. R, starting
with R ft (cts 1,2,3,4).

3-4   Moving directly fwd., take 4 walking steps L,R,L,R, (Two
steps to each meas. of music with a slight swagger).

II. Heel and Toe and Progress

5   Keeping same position both M and W place L heel diagonally
fwd. L (cts 1,2), place L toe on floor directly behind R
ft (cts 3,4).

6   Dropping R hands, W crosses to L in front of M with 3
walking steps L, R, L, hold (cts 1,2,3,4) to end on inside
of circle at L side of M and facing in clockwise direction,
at the same time M steps in place L,R,L,hold(cts 1,2,3,4).

7   Starting with R foot, both repeat heel-toe pattern in
place(cts 1,2,3,4).

OKLAHOMA MIXER (Cont'd)   Page -2-

8   W takes 3 steps R,L,R, hold (cts. 1,2,3,4) toward
         R side of next M in back of present partner. At
         the same time, W turns slightly to L extending R
         hand across to take R hand of new partner and
         reaching L hand back to assume Varsouvienne position.
         Man takes 3 steps moving slightly fwd, R,L,R, hold
         (cts. 1,2,3,4) extending R hand fwd. to new W and
         leading W into Varsouvienne position.

         Repeat sequence as long as desired. W moves back
         to new partner at end of each sequence.