

OP SA SA
(Serbia)

Vlach dance motifs from East Serbia.

Pronunciation:

Record: Ciga & Ivon Vol. 1, Side B, Band 8. 2/4 meter.

Formation: Men and women in an open circle, hands joined and down.

Meas

Pattern

INTRODUCTION.

Wait for call: "Op sa sa!"

I.

- 1 Facing ctr, step R toe behind L (ct &); step L in place (ct 1); kick R heel across in front of L ankle (ct 2).
- 2 Repeat action of meas 1.
- 3-4 Moving bkwd, step R, stamp L (cts 1,&); step L, stamp R (cts 2,&); step R, stamp L (meas 4, cts 1,&); step L (ct 2).
- 5-16 Repeat action of meas 1-4 three times.

II.

- 1-2 Repeat action of Pattern I, meas 1-2.
- 3-4 Moving bkwd, step R, L (cts 1,2); step R (meas 4, ct 1); lift L knee across in front of R knee and face to ctr (ct 2).
- 5-6 In place, step L across R (ct 1); pivot on L to face RLOD (ct 2); step R across L (meas 6, ct 1); pivot on R to face ctr (ct 2).
- 7-8 Stride-jump to both (ct 1); lift on L heel (ct 2); stamp R across in front (meas 8, ct 1); lift on R heel pivoting to ctr (ct &); stamp L fwd with wt (ct 2).
- 9-16 Repeat action of meas 1-8.

III.

- 1 Facing ctr, stamp R to R without wt (ct 1); kick R heel across in front of L (ct 2).
- 2 Hop on L (ct 1); step R, L (cts &,2).
- 3 Repeat action of meas 2.
- 4 Moving to R, step R to R (ct 1); step L across in back (ct &); R to R (ct 2).
- 5-8 Repeat action of meas 1-4, opp direction, opp ftwk.
- 9-16 Repeat action of meas 1-8.

IV.

- 1 Moving to R, with body leaning to R side but not twisting, step R, close L to R (cts 1,2).
- 2-3 Repeat action of meas 1, twice.
- 4 Step R to R (ct 1); hold (ct 2).

OP SA SA (continued)

- 5-8 Repeat action of meas 1-4, opp direction, opp ftwk.
 9 Step fwd R (ct 1-2).
 10 Step fwd L (ct 1-2).
 11-12 Moving diag R, step R, L (cts 1,2); R, hold (meas 12, cts 1,2).
 13-16 Repeat action of meas 9-12, opp direction, opp ftwk.
 17-32 Repeat action of meas 1-16.

V.

- 1 Facing ctr and moving R, hop on L (ct 1); step R, L (cts &,2).
 2-3 Repeat action of meas 1, twice.
 4 Chug fwd on both (ct 1); chug bkwd on both (ct 2).
 5-8 Repeat action of meas 1-4, opp direction, opp ftwk.
 9-16 Repeat action of meas 1-8.

VI.

- 1-2 Facing and moving half-R, step R, L (cts 1,2); step R (meas 2, ct 1); stamp L without wt (ct 2).
 3-4 Repeat action of meas 1-2, opp direction, opp ftwk.
 5 Turn to R as you step R, stamp L (cts 1,2).
 6 Turn to L as you step L, stamp R (cts 1,2)
 7-8 Repeat action of meas 1-2.
 9-16 Repeat action of meas 1-8, opp direction, opp ftwk.
- 1-16 Repeat action of Pattern I.
- 1-16 Repeat action of Pattern II.

Call on Record, "Op Sa Sa."

Repeat action of Pattern I and continue sequence as written.

Presented by Ciga Despotović