

OR SHIVAT HAYAMIM ("Light of Seven Days")

DANCE: Gadi Bitton

MUSIC: Avi Toledano

FORMATION: Circle facing CCW, regular hand hold

Counts

Part I

- 1 - 4 Three steps fwd, R, L, R, brush L
5 - 8 Cherkissiya with L, end facing centre
9 - 12 Cross L over R lifting L arm up palms in, step R to R lifting R arm up, cross L behind R lifting L arm up, lift R in an arc behind L
13 - 16 Cross R behind L, step L to L, cross R over L, step L in place
17 - 19 Full turn to R in three steps, R, L, R
20 - 22 ½ turn to L in three steps, L, R, L continuing in LOD
23 - 24 Rock R fwd, step L in place turning to face centre
25 - 28 Step R to R, cross L behind R, step R to R, cross L over R
29 - 30 Sway R, sway L
31 - 32 Cross R over L, step L bwd in place
33 - 34 Turn to R in two steps, R, L
35 - 68 Repeat 1 - 34, end facing centre

Part II

- 1 - 2 Two steps to centre, R, L
3 - 4 Rock fwd on R, in place on L
5 - 8 Repeat 1 - 4 raising arms
9 - 10 Turn bwd to R in two steps, R, L
11 - 14 Cherkissiya starting with R, arms go up on counts 13 & 14
15 - 16 1 & ¼ turn to R in two steps, R, L. End facing CCW
17 - 20 Three steps fwd, R, L, R, rise up on R
21 - 24 Yemenite L bwd
25 - 28 Mayim with R to centre, lean on count 28
29 - 32 Turn out of centre in four steps, R, L, R, L. End facing CCW

Dance is done three times, and then repeat Part II