

ORIJEŃT  
(Side 1, Band 4)

Name: OH-ree-yent; "Orient"  
 Source: Originally a men's dance from the region of Šumadija, Serbia, Yugoslavia; as taught by Dick Crum  
 Rhythm: 2/4  
 Formation: Open circle or line; hands joined and held down at sides ("V" position); if only M are dancing they use a shoulder hold.

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NO INTRODUCTION

<u>Meas.</u>	<u>Ct.</u>	
		FIGURE I: Progress slowly to R with small steps.
1	1	Face slightly to R, wt on ball of Rft; touch ball of Lft across front of R taking no wt, flex both knees & keep heels off the floor.
	&	Straighten knees.
	2	Shift wt to Lft, flex L knee (little more than in ct 1), raising Rft slightly behind Lft.
	&	Straighten L knee, bringing Rft to R in small arc.
2	1	Continue swing of Rft; leading with heel, bring Rft across front of Lft in "slicing" motion; facing ctr, step on Rft in front of Lft.
	&	Step on ball of Lft behind R ft.
	2	Small step on ball of Rft to R, flexing R knee & facing R.
	&	Straighten R knee & raise Lft slightly fwd.
3-16		Repeat meas 1 & 2, 7 times to total 8.
	&	FIGURE II: Progress to L
	&	Facing ctr, with wt on Rft, bend from waist & shake lower L leg while reaching Lft sdwy to L.
1	1	Step Lft in place (where it reached).
	2	Step Rft across front of Lft.
2	1	Step Lft diag R, across front & past Rft, straighten body.
	2	Pause; Rft is low & close behind Lft.
3	1	Step Rft bkwd (from ctr) behind Lft.
	2	Step Lft bkwd behind Rft.
4	1	Step Rft bkwd behind Lft.
	2	Hold.
	&	Repeat ct & before meas 1.
5-16		Repeat meas 1-4, 3 times to total 4. In meas 16 ct 2&, close Lft to Rft.
		FIGURE III: Fwd & bkwd
1	1	Facing ctr, step Lft slightly fwd on ball of ft; flex both knees, keep ft close & heels to L, Rft raised but low.
	2	Repeat ct 1 with opp ftwk.
2	1&2	Take 3 steps, Lft-Rft-Lft, as described in meas 1, ct 1.
3-4		Repeat meas. 1-2 with opp ftwk.

Meas.      Ct.

5-8                      Repeat meas 1-4 moving bkwd.  
9-16                     Repeat meas 1-8.

Sequence: Repeat figures in order to end.