

Orka Yafati

(Israel)

Orka Yafati (Orka the beautiful) is a couple dance choreographed by Shlomo Bachar.

Pronunciation:

Cassette: Special cassette by Shlomo Bachar

2/4 meter

Formation: Couples in LOD, M faces CCW, W faces CW, free hands. M steps are given, W opp ftwk

Counts

Pattern

- CHORUS.** (bend body slightly fwd to ptr)
 1,&,2 Quick Polka step with R fwd and slightly to R, swing hands.
 3,&,4 Repeat 1-2 with L fwd and slightly to L.
 5,&,6 Repeat 1-2.
 7,&,8 M: repeat 3-4 moving inside, end next to W's L shldr.
 W: quick Polka with R turning bkwd thru R, end both facing CCW.

- PART ONE.** (free hands)
 1,&,2 Drop onto R fwd; bring L straight across R; step L.
 3-4 Step R,L bkwd.
 5-6 Cross R over L; wide step with L to L, M to ctr, W out.
 7-8 Step R in place; step cross L over, while turning 1/4 to R, face ptr, hold hands raised and to sides.
 9-10 Step R fwd to ptr (W bkwd); step L behind in place.
 11,&,12 Step-together-step bkwd with R moving bkwd into ctr, (W L fwd).
 13-14 Full turn in place with L,R thru L.
 15,&,16 Moving fwd, Step-together-step with L (W fwd to ptr also).

- PART TWO.**
 1-2 Step R to R; cross L behind.
 3-4 Step R; step L fwd to LOD, face ptr, Waltz pos.
 5-8 Full turn together, moving CW with R,L,R,L, end M inside, face W.
 9-10 M holding W's L hand, moving diag out, run R,L.
 11-12 Jump onto both feet; hop L.
 13-16 M: repeat 9-12 with R moving back to LOD.
 W: full turn under held hands with 4 steps beg L.

- PART THREE.** (M hands bent and raised fwd, Russian style, W palms on waist)
 1-2 Drop onto R; raise L quickly bent across, moving CW.
 3-4 Repeat 1-2.
 5-8 M's R hand on W's L waist, quick Polka step with R to R, L to L, turn body sharply sideways with step.
 9-12 M's R holding W's L, change places in LOD with 2 quick Polka steps, W turns under held hands.
 13-16 Repeat 9-12 returning to original pos to begin dance.

ENDING. (dance is repeated 3 times)

Fourth time: Repeat Part Three 1-16.

Repeat Chorus 1-10 (5 Polka steps).

1-2 Jump to L in place, stamp R fwd, bring palms to waist.

Notes by David Edery

Presented by Shlomo Bachar

FOLK DANCE CAMP - 1990