

1972 SAN DIEGO STATE COLLEGE FOLK DANCE CONFERENCE

Presented by Yves Moreau

OSMICA
N. W. Bulgaria

Ohs-MEEH-tсах

Learned by Yves Moreau, fall of 1971 from village dance group in Mărčevo, Mihajlovgrad District in N. W. Bulgaria. This dance contains the uncommon mixture of the two most popular Bulgarian dance types: The "Pravo" and the "Răcēnica". The favorite instruments of the musicians in N. W. Bulgaria, are the clarinet, fiddle, and drum. One seldom sees gajda, gādulka and kaval. This is most probably due to the strong influence from nearby Romania.

RECORD: Worldtone WT-YM 002-a Band 1

FORMATION: Short lines of about 8 people - mixed or segregated. Back basket hold, R arm under, L arm over. Face ctr, wt on L ft.

STYLE: Knees bent slightly. Steps are small. Upper part of body is erect.

2/4 + 7/16 METER (8 meas each) PATTERN

Meas	No introduction
	<u>I. PRAVO 2/4 meter</u>
1	Moving straight back, step on R ft (ct 1). Step back on L (ct 2)
2	Step bwd on R (ct 1). Raising L Knee slightly, a light kicking action fwd with L ft (ct 2)
3	Step swd L on L (ct 1). Step on R in back of L (ct 2).
4	Step swd L on L (ct 1). Raising R knee slightly, a light kicking action fwd with R ft (ct 2)
5-6	Repeat pattern of meas 3-4, reversing direction and ftwork
7-8	Repeat pattern of meas 3-4, exactly.
	<u>II. RĂCENICA -7/16 meter (1, 2, 1-2, 1-2-3; counted 1, 2, 3</u>
	"Răcēnica" Step: Wt on L ft, small leap fwd onto ball of R ft (ct 1) Two small running steps fwd, L, R (cts 2, 3)
1-4	Four "Răcēnica" steps moving fwd toward ctr.
5-7	Three "Răcēnica" steps in place. (May also be done with slight swd motion). R, L, R.
8	Sharp stamp with L next to R, no wt (ct 1). Hold (cts 2, 3)

NOTE: The dance starts again with the "Pravo" pattern, but the L ft steps back and the ftwork for both patterns is reversed.