

Ovčepolsko
(Ovčepolje)

Source: Pece Atanasovski, Institute at Oteševo.

Record: LP AMAN-103

Time: 11/16 1,2,3,4,5,

Position: Mixed Line, hands held down.

Measure: Step I

- 1 Step Rt. on R. (ct.1) Cross L. over no weight (ct.2) Step L. (ct.3) Lift on L. (ct.4) Step R. to side (ct.5)
- 2 Lift on R. (ct.1) Step L. over (ct.2) Push with R. in front but do not step (ct.3) Lift on L (ct.4) Step back on R. (ct.5)
- 3 Step back on L. (ct.1) Step R. fwd. (ct.2) Push with L. as in meas. 2 (ct.3) Lift on R. (ct.4) Step back on L. (ct.5).

Step II

- 1 Step Rt. to R. (ct.1) Step L. tog. (ct.2) Step Rt. on R. (ct.3) Hop on R. (ct.4) Cross L. over (ct.5)
- 2 Slight leap R. to Rt. (ct.1) Cross L. over (ct.2) Push R. in front (ct.3) Lift on L. (ct.4) Step back R. (ct.5).
- 3 Same as Step I meas.3.

Step III

- 1-2 Repeat meas 1-2 Step III
- 3 Step back on L. (ct.1) Cross R. over (ct.2) Hop on R. (cts.3-4) Step L. to Lft. side (ct.5)
- 4 Lift on L. (ct.1) Cross R. over (ct.2) Push L. in front (ct.3) Lift on R. (ct.4) Step back L. (ct.5)

Step IV

- 1 Repeat meas.1 of Step II
- 2 Slight leap R. to Rt. (ct.1) Cross L. over (ct.2) Hop on L. (cts.3-4) turning CCW Step R. (ct.5)

OVČEPOLSKO
(continued)

Measure: Step IV (continued)

3-4 Repeat meas. 3-4 of Step III.