

Le PANIER

(Québec)

Source: Dance popular in Eastern Quebec

Meter: 2/4

Music: Any "reel" in 2/4 time preferably long recording like PHILO 2006 or
LARIDAINÉ 7801

Formation: Four couples in square formation

BASIC SEQUENCE:

- 1- Intro: Bow to partner, corners & all...
- 2- Join hands, circle to left then to the right
- 3- When back to place swing the partner

BASKET PROGRESSION:

1. Couple no. 1 takes the lead goes to couple no. 2
2. These 2 couples circle to L then to R
3. Form basket figure and spin around CW
4. Everybody swing the opposite then swing your own
5. Then couple no. 1 goes to couple no. 3 and does same sequence as above
6. Then sequence repeats with couples 1 and 4

TRANSITION:

1. When one couple has completed the above sequence
2. Promenade all around the ring
3. When you're home face your partner and do "Grand right and left"
4. When you get home swing partner

Then it's couple no. 2 which goes to couple 3 and 4 and 1 etc.

FINALE :

1. When every couple has done the sequence we can do this:
2. Join hands everyone and circle to L, then to R all to centre with hoop and shout, and again
3. Ladies in and face out men go around CCW, swing the next lady, promenade, circle L againm then R, in and out, ladies in middle, men go around, swing next one, etc. until everybody has danced with everybody, then possibly grand chain and final swing.

Presented by Y. Moreau
Edmonton, June, 1979