

~~Parma~~ PARISIAN (Paris) POLKA Denmark

Records: Kismet 140; Folk Dancer 1046

Couples face, holding inside hands, man's back to center, outside hand on hip

- I 7 Polkas face-to-face & back-to-back & 2 jumps out & in (both feet)
Repeat
- II 1 Polka sideways & 2 rocking steps (fwd & bck). Partners face each other, man ccw, lady cw. Both polka to own R (RLR) step fwd on L, back on R. Do same to own left (LRL, R L) REPEAT
- III 8 step-hops - Lady goes bckwd, man fwd. Alternately grasp R and L hands.
- IV Dance position: 1 polka step fwd, heel & toe (using inside foot on heel & toe). 1 polka with heel and toe starting with inside foot. REPEAT
8 Polkas turning cw advancing ccw.

* * * * *
SCANDINAVIAN MEDLEY

Records:

Hambo

Swedish Varsouvienne

* *

Scandinavian Polka

Paris Polka