## Perach Bamidbar

(Israeli Couples in a Circle Dance)

Choreographer:

Maurice Amar

**Translation:** 

Flower In The Desert

Music:

Israeli Folk Dance Favorites YED7

Formation:

Couples in a single Circle, Man on Left, Woman on Right

Position:

W Hold

Meter:

4/4

Meas.	Cts.	Dance Description
		Part A (Face Center)
1	1	BRUSH Right and LIFT in front of Left
	2	HOLD
	3-4	2 SWAYS; Right, Left
2	1	PIVOT on Left while STEPPING With Right and TURNING a 1/2 TURN to
		Left (Counter Clockwise), end FACING out
	2	STEP Left in place
	3	PIVOT on Left while STEPPING with Right and TURNING a 1/2 TURN to
		Left (Counter Clockwise), end FACING in
	4	STEP Left beside Right with BENT knees
3	1	STEP Right to Right
	2	STEP Left across Right
	3	STEP Right to Right
	4	STEP Left behind Right
4	1-2	Repeat Counts 1-2, Measure 3, Part A
	3-4	2 SWAYS: Right, Left
5-8		Repeat Measures 1-4, Part A.
•		Part B (Partners Face, Left Hands Joined, Man Faces Line of Dance)
1	1-2	2 SWAYS: Right, Left
	3	BRUSH Right across Left, TOUCHING partners Right foot
2	4	HOLD
2	1	STEP Right to Right
	2	STEP Left across Right
	3	PIVOT on Left to Left (Counter Clockwise) to FACE partner as Right STEPS
	4	back
2	4	SHIFT weight forward to Left
3	1-3	3 STEPS forward;:Right, Left, Right, PASSING partner by the Right shoulder,
	4	JOIN Right hands, Man MOVES in, Woman MOVES out
4	4	PIVOT on Right a 1/2 TURN to Right (Clockwise)
4 5-8	1-4	Repeat Measures 1, 4, Part P
J-0		Repeat Measures 1-4, Part B
		Note: On Count 4, Measure 8, Part B, Woman PIVOTS on Left a 1/2 TURN to
		Right (Clockwise) and ends up on Man's Left. Both FACING Line of Dance. Left
		hands <b>HELD</b> over Man's Left shoulder

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## **Perach Bamidbar Continued**

		Part C (Partners Side by Side Facing Line of Dance)
1	1	TOUCH Right heel forward
	2	BEND and LIFT Right
	3-4	Repeat Counts 1-2, Measure 1, Part C
2	1-3	3 STEPS forward; Right, Left, Right
	4	HOLD
3-4		Repeat Measures 1-2, Part C
5	1	STEP Right across Left, toward center
	2	STEP Left to Left
	3	STEP Right across Left, toward center
	4	LIFT Left across Right
6	1-4	Repeat Measure 5, Part C, Reverse footwork and direction
7-8	1-8	2 Slow TWO-STEPS: Right, Left. TURNING a 1/2 TURN to Left (Counter
		Clockwise), Man moving back, Woman MOVING forward
9-10	1-8	2 YEMENITE STEPS: Right, Left. Man TAKES larger STEPS and MOVES
		behind the woman from side to side
11-12		2 Slow TWO-STEPS: Right, Left. TURNING a 1/2 TURN to Right
		(Clockwise), Man MOVING forward, Woman MOVING back
13-24		Repeat Measures. 1-12, Part C
		Note: On Measure 24, Part C. Partners <b>RELEASE</b> hands and <b>TURN</b> a 1/4
		TURN to Left (Counter Clockwise), individually to end FACING center for the
		beginning of the dance

## Dance notes by Ya'akov Eden