

## Western Bulgaria - Šop

|                |                 |              |        |        |        |             |
|----------------|-----------------|--------------|--------|--------|--------|-------------|
| <b>Rhythm:</b> | Conceptually:   | <b>Slow,</b> | Quick, | Quick, | Quick, | <b>Slow</b> |
|                |                 | <b>1</b>     | 2      | 3      | 4      | <b>5</b>    |
|                | 7/8, Counted:   | 2/8          | 1/8    | 1/8    | 1/8    | 2/8         |
|                | OR              |              |        |        |        |             |
|                | 12/16, Counted: | 3/16         | 2/16   | 2/16   | 2/16   | 3/16        |

The basic step described here progresses around the floor in a slight repeating oval pattern. Since several of the variations are danced more in place, the leader should transition into them by first settling into the "in-place" version of the basic (the first variation).

All of the following variations replace the third measure of the basic. The rest of the dance does not change except to facilitate the transitions in and out of the variation (the footwork does not change regardless). The variations can be done as the individual dancer pleases as long as the general movement of the line is maintained.

3      1-5      As in the Basic above, but the entire measure is danced in place facing  
                 center. The Hop-Steps become more like Lift-Steps.

3       1       With the hop as a little "hitch" step before the beat, **Hop-Step** onto L  
       2       **Step** on R in front of L  
       3       **Step** on L back in place  
       4       **Step** on R in place beside L  
       5       **Step** on L across in front of R, preparing to move to the R

3       1       With the hop as a little “hitch” step before the beat, **Hop-Step** onto L  
       2       **Step** on R in place, thrusting L forward low (a scissor step)  
       3-5     Step on **L, R, L** with three more scissor steps in place

3       1       With the hop as a little "hitch" step before the beat, **Hop-Step** onto L  
       2       **Touch** R toe directly in front of L, twisting R knee to L  
       3       **Step** on R straight forward  
       4       **Touch** L toe directly in front of R, twisting L knee to R  
       5       **Step** on L straight forward

Presented by Tom Deering