

PETRUNINO Hops

Schlesinger

Music:

Formation: Line, hands held down

Basic step:

Facing LoD, Hop L with R foot lifted in front

Run forward four steps, **R-L-R-L** *quickly*

(repeat if designated, step is done after each variation)

Variation 1 - Hops: *extension*

(slow, slow, quick, quick)

Hop L (slow) with R foot extended

Hop **L** (slow) with R extended and turning to RLoD (To L)

Hop L (quick) facing RLoD

Step R (quick) in front of L facing RLoD

Variation 2 - Slaps: *udara*

Leap onto R (slow) facing center

Slap L in front of R (slow)

Step L to L side (quick)

Step R behind L moving L (quick)

(repeat exactly with opposite feet - Leap L, slap R, etc.)

Variation 3 - Toe & Heel: *pete peta*

Jump onto R, facing center (slow) at the same time pointing L toe next to R foot

Hop R (slow) pointing L heel in front of R at same time

PETRUNINO - cont'd

Variation 3, cont'd:

Step L to L side (quick)

Step R behind L (quick)

(repeat exactly with opposite feet, jump L pointing R, etc.)

Variation 4 - stamps: *čukni*

From end of basic, weight is on L foot, and you are facing LoD

Turning entire body to face RLoD, step on R in front of L (slow)

Hop on R (slow) with L foot lifted in front of R, turning to R

Hop R (quick), L lifted, turning to face LoD once again

Stamp L in front of R (quick) lifting again immediately

Step L in front of R (slow) facing LoD

Hop L, (slow) lifting R, and turning to L

Hop L (quick) facing RLoD

Stamp R in front of L (quick)

(Turn to LoD on Hop of Basic)

ČUKNI Stamps

UDARI Slaps

OKRENI Swinging Step

PRSTI PETA Toe, Heel

RASHIRI Extension Step