

Sadala Polka (cont.)

CHORUS: Girl still shows her anger, but, begins to warm up to boy at end.

Figure 6.

Clap thighs, own hands, then forget the battle by embracing each other. Hold right arms high for the hug, and bend from the waist to reach partner.

Repeat, with left arms high.

Clap thighs, own hands, then hug partner twice, changing position of head only -- first touching right cheeks, then left cheeks.

Clap thighs, own hands, partner's hands.

CHORUS: Everyone is happy again.

\* \* \* \* \*

PFINGSTEREITAG IN DER PROBSTEI (German)  
(Black Forest Mazurka)

Record: Folk Dancer, MH 1048

Presented by Dave Rosenberg (As learned from Mary Ann and Michael Herman, Folk Dance House, New York City.

Formation: Couples in a circle, partners standing side by side (boy in inside circle, girl on outside), holding inside hands, elbows bent, outside hands on hips.

PART I

Take two waltz steps forward (circle moves counterclockwise), beginning on outside feet.

Turn around, away from partner with one waltz step. End side by side and clap own hands three times.

PART II

In regular dance position, take two mazurka steps forward, starting with outside feet.

Then take six running steps turning counterclockwise (boy moves forward, girl runs backwards).

Begin in dance from beginning.