

POLKA PIQUEE DE PLOEUC

(France)

"Polka piquee" means "heel and toe". This dance is from Upper-Brittany. Presented by Louise and Germain Hébert.

MUSIC: Record: Uni-Disc EX 33-147. Side A, band 3. 2/4 meter.

FORMATION: A circle of cpls all facing ctr. W on R of M. Hands are joined and held low.

MEASURES PATTERN

1-4 Introduction

FIG I. SIDE STEP

A 1 With L ft do a heel and toe to the L. Heel a little fwd diag L (ct 1), toe in same place (ct 2).

2 Two-step sdwd to the L.

3-4 Repeat action of meas 1-2 with R ft and move to R.

5-8 Repeat action of meas 1-4.

CHORUS

B 1-8 Beginning with L ft, dance 8 two-steps moving CW. On meas 1,3,5,7 joined hands are raised, elbows bent. On meas 2,4,6,8 hands are lowered. This is an easy, controlled arm motion.

FIG II. SINGLE FILE

A 1-8 Release hands, turn to face RLOD (CW) in single file. Repeat action of Fig I moving out from circle and back to original pos.

CHORUS

B 1-8 Repeat action of Chorus exactly.

FIG III AWAY AND TOGETHER

A 1-8 Release hands, turn to face ptr (M to R, W to L). Repeat action of Fig I, each moving L first.

CHORUS

B 1-8 Repeat action of Chorus exactly.

FIG IV. HALF TURN

A 1-8 Ptrs face, join both hands straight across, elbows bent, arms out to side at about shoulder height. Repeat action of Fig I. On first two-step move to L (CW) half way around. On R two-step move to R.

CHORUS

B 1-8 Repeat action of Chorus exactly.