

DISC - CRIPTIONS

POMULEȚUL
(Romania)

PRONUNCIATION: poh-moo-LEHT-sool.

TRANSLATION: The little tree.

RECORD: Nevofoon 12153, Side I, Band 3.

SOURCE: Introduced by Sunni Bloland in Urbana, IL, March 1978. Taught to us by Mars Longden in Evanston, IL, March/April 1978.

RHYTHM: 2/4.

FORMATION: Mixed closed circle with hands joined at shoulder height with elbows bent ("W" position), except as noted during Part II, Meas 4. Face ctr throughout.

PATTERN

Meas No introduction or begin on 9th Measure

PART I (8 STEP-HOPS)

- 1 Step to R on R ft (ct 1), hop on R ft (ct &), step on L ft in front of R ft (ct 2), hop on L ft (ct &).
- 2 Step back in place on R ft (ct 1), hop on R ft (ct &), step to L on L ft (ct 2), hop on L ft (ct &).
- 3 Step on R ft in front of L ft (ct 1), hop on R ft (ct &), step back in place on L ft (ct 2), hop on L ft (ct &).
- 4 Step on R ft in place (ct 1), hop on R ft (ct &), step on L ft in place (ct 2), hop on L ft (ct &).

PART II (FORWARD AND BACK)

- 1 Step slightly fwd on R ft (ct 1), hop on R ft (ct &), step slightly fwd on L ft (ct 2), stamp R ft, scuffing it fwd (ct &).
- 2 Step fwd on R ft (ct 1), stamp L ft, scuffing it fwd (ct &), step slightly fwd on L ft (ct 2), stamp R ft diagonally fwd to R (ct &).
- 3 Stamp R ft directly fwd (ct 1), hold (ct &), stamp R ft directly fwd again (ct 2), hop on L ft (ct &).
- 4 Moving bkwd, step on R ft behind L ft (ct 1), hop on R ft (ct &), step on L ft behind R ft (ct 2), hop on L ft (ct &).

Repeat entire dance exactly from the beginning.

NOTE: The tempo of the music of the recording listed above gradually increases throughout the dance until, at the end, it is quite fast.

As Taught At International House Of The University Of
Chicago By Dee And Frank Alsberg, April 1978

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