

POMULETUL
 (Poh-moo-LEHT-sool)
 (Romania)

"Pomule^tul" means 'The Little Tree', and the dance comes from the Village Balta in Muntenia. Introduced by Sunni Bloland.

MUSIC: 2/4 meter. Either no introduction or wait 8 meas
 Record: Roemeense Volksdansen Nevo No. 12153, Side 1, Band 3

FORMATION: Closed circle of M and W, "W" posn. (Arms jiggle in "W" posn throughout, except at end)

PATTERN

Meas

NO INTRODUCTION or WAIT 8 MEAS.

- 1 Step R (ct 1), hop R (ct &), step L in front (ct 2), hop L (ct &).
- 2 Step back R (ct 1), hop R (ct &), step L to L (ct 2), hop L (ct &).
- 3 Step R in front (ct 1), hop R (ct &), step in place L (ct 2),
hop L (ct &).
- 4 Step R to R (ct 1), hop R (ct &), step L in place (ct 2),
hop L (ct &).
- 5 Step fwd R (ct 1), hop R (ct &), step fwd L in place (ct 2);
stamp fwd R (ct &).
- 6 Moving fwd step R (ct 1), stamp L (ct &), step L (ct 2), stamp
R (ct &).
- 7 In place, stamp R (ct 1), stamp R (ct 2); hop L, moving bwd (ct &).
- 8 Reeling bkws, step R (ct 1), hop R (ct &), step L (ct 2);
hop L (ct &).