

POPOVA MI STOJNA
(Serbia)

when
"LIFT" IS USED
IT IS IN BACK
WITH KNEES
BENT

Traditional Serbian dance from Niš, Nišava area of Serbia.

Pronunciation: POH-poh-vah me STOY-nah

Record: BK 4-75 2/4 meter

Formation: Lines with regular handhold, ^{V pos}

CTS
PRECEDES
ACTION
IN
NOTES

Meas

Pattern

8

INTRO

FIGURE I.

- 1 (ct 1) Step with R in front of L, lifting L. Body is slightly turned to L; (&) Step with L to previous place. (ct 2) Step with R beside L, lift L. (&) Hold.
- 2 (ct 1) Step with L beside R, lift R; (&) Hold.
(ct 2) Hop on L; (&) Hold.
- 3-8 Repeat action of meas 1-2 three ^{more} times (4 IN ALL)

FIGURE II. (MOVE IN LOD)

- 1 (ct 1) Step with R to the R, lift L. Body is slightly turned to L. (2) Hop on R.
- 2 (ct 1) Step with L to the R, crossing R ft in front; (ct 2) Hop on L.
- 3 (ct 1) Step with R to the R, lift L; (ct 2) Step with L beside R.
- 4 (ct 1) Step with R to R, lift L; (ct 2) Hop on R.
- 5-8 Repeat action of meas 1-4, Fig. II, using opp ftwk.

Presented by Bora Gajicki