POTRCANO - Skopje region
Line Dance, No Partners

RECORDS: Folkraft #1465 B and Folkraft LP #15
TRANSLATION: Hurrying.
RHYTHM: 7/16 counted 1-and-ah, 2-and, 3-and, or "slow-quick-quick".
STARTING POSITION: "V" position. Right foot free.

Music 7/16

MEASURES

VARIATION I -- Basic

1-2	Facing slightly and moving right, two HOP-STEP-STEPS (left) forward (counts 1-ah-2, 3-ah-4).
3-4	Continuing, two RUNNING TWO-STEPS (right, left) forward (counts 1-ah-2, 3-ah-4),
5	Turning to face center, STEP-HOP (right) in place,
6	Turning to face slightly and moving left, HOP-STEP-STEP (right) forward (counts 1-ah-2),
7	Turning to face slightly right but still moving left, HOP-STEP-STEP (right) backward (counts 1-ah-2),
8-10	Turning to face center, three STEP-HOPS (left, right, left) in place. (Men raise knee high on the hop).

NOTE: All hops are so slight as to be almost "lifts".

VARIATION II

As I above except:
A quick leap onto left foot in place (count "ah" before count 1),

8	A quick leap onto right foot in place (count 1), A quick leap onto left foot in place (counts 2-3), A quick leap onto right foot in place (count "ah"),
9	REPEAT pattern of measure 8 reversing footwork,
10	REPEAT pattern of measure 8.

VARIATION III -- Squat-kick (Men)

1-10	As I above except SQUAT-KICK instead of STEP-HOP during Measures 5 and 8 thru 10.

VARIATION IV -- Turn

1-10	As I above except release hands and turn counterclockwise twice around while moving left during measures 6-7.

DANCE DESCRIPTION BY RICKEY HOLDEN...AND...DENNIS BOXELL

STEP-HOP (LEFT): Step on left foot (count 1), hop on left foot (count 2). Repeat, reversing footwork for Step-Hop (Right).

LIFT: Hop, but not quite because ball of foot does not quite leave the floor.

SQUAT-KICK(RIGHT): Jump, bending both knees deeply, and squat on both feet (count 1), rise and leap onto right foot, kicking left foot forward (count 2). Repeat, reversing footwork for Squat-Kick (Left).

For descriptions of HOP-STEP-STEP (LEFT) and RUNNING TWO-STEP (RIGHT) see the reverse side of this sheet.