

P O T R C A N O
(Poh-ter-chah-no)

(Macedonia, Yugoslavia)

SOURCE: Learned by Elsie Dunin from Orce Nikolov Ensemble in
Skopje, Yugoslavia, 1957.

MUSIC: Macedonian Songs & Dances - Orce Nikolov Ensemble, DT 1002,
Side 1, Band 6.

FORMATION: Mixed line of men and women, low hand hold.

MUSIC - 7/16 rhythm
COUNT - 1 2 3 -(slow quick quick) PATTERN

Meas. Ct.

1	1	Facing diag. R LOD, walk R fwd	
	2-3	Walk L fwd	
2	1	Walk R fwd	(4 walks, but R ft takes
	2-3	Walk L fwd	a slightly longer stride)
3	1	Step R fwd	
	2	Step L to R ft	
	3	Step R fwd	
4	1	Step L fwd	(2 two-steps in slow quick
	2	Step R to L ft	quick rhythm)
	3	Step L fwd	
5	1	Turning to face center, step R to R	
	2-3	Hop on R, L is crossed in front of R	
6	1	Turning to face diag L LOD, step L fwd	
	2-3	Step R fwd	
7	1	Turning to face diag R LOD, step L bwd	
	2-3	Step R bwd	
8	1	Facing center, step L to L	
	2-3	Small hop on L, kicking R fwd	
9	1	Step R in place	
	2-3	Small hop on R, kicking L fwd	
10	1	Step L in place	
	2-3	Small hop on L, kicking R fwd	

Variation on Mes. 8 9 10; can be done at any time during the dance; however,
it is preferable for the line to watch the leader's steps.

8	&	Small (tiny) hop on R in preparation for next ct.
	1	Touch L toe in place
	2-3	Lift L toe and take small leap onto L, lifting R heel in back
9	&	Small (tiny) hop on L in preparation for next ct.
	1	Touch R toe in place
	2-3	Lift R toe and take small leap onto R, lifting L heel in back
10		Repeat Meas. 8.