

PRVA LJUBOV

MACEDONIA

Translation: "First Love"

This dance is a Lesnoto with variations (squats & turns)

Record: AK-010, Side A, Band 1.

Rhythm: 7/8 - Slow, Quick, Quick - 1 2 3

Source: Atanas Kolarovski

Formation: Men & women in separate lines.
Men "T" position, Women "W" position

Figure I

- Meas. 1 Facing and moving slightly R
Step on R fwd (ct.1)
Cukče on R (ct.2)
Step on L in front of R (ct.3)
- 2 Step on R to R, facing centre (ct.1)
Cukče on R twice, raising L knee in front (cts.2-3)
- 3 Repeat Meas. 2 with opposite footwork

Figure II

- Meas. 1 Repeat Meas. 1, Fig. I
- 2 Step on R to R (ct.1)
step on L in front of R (ct.2)
step back on R (ct.3)
- 3 Repeat Meas.3, Fig.1.

Figure III

- Meas. 1 Repeat Meas.1, Fig.I turning CW
2-3 Repeat Meas.2-3, Fig.I.
- Men's variation 1
- 1 Repeat Meas.1, Fig.1
- 2 Squat (ct.1), stand up on R, raising L knee in front (cts.2-3)
- 3 Squat (ct.1), stand up on L, raising R knee in front (cts.2-3)
- Men's variation 2
- Meas. 1 Repeat Meas.1, Fig.I
- 2 Step on R in LOD (ct.1) bend knee, touch L knee on the floor, facing LOD (cts.2-3)
- 3 Step on L in RLOD (ct.1) bend knee, touch R knee on the floor, facing RLOD (cts.2-3)

After each men's variation add the turn CW.

