PUŠNOTO ORO

Country: Macedonia

Sperry E3-KB-6108 Record:

From the repertoire of the Duquesne University Tamborit-Source:

zans. These dances were taught originally by Dick Crum.

PUSNOTO ORO

The rhythm $(7/16 \neq 5/16)$ is divided into a five beat measure: slow, quick, quick, slow, quick (3/16, 2/16, 2/16, 3/16, 2/16). Rhythm:

Danced in separate lines of men and women, very Formation:

smoothly, always facing the center. Hands are held

at shoulder level.

Measure	Beat	Pattern
1	slow	Wt. on L ft. with R ft. raised slightly in front of L. Bounce on L ft. while lowering and raising R ft.
**************************************	quick	Repeat action beat 1
	quick	Step R on R ft.
	slow	Step L in front of R ft.
	quick	Step to R on R ft.
2.	slow	Step to R in front on L ft.
	quick	R ft. moves to R smoothly in
	4	preparation to take step
	quick	Step on to R ft.
	slow	Step on L ft. in front of R ft.
	quick	Step in place with R ft.,
	quion	raising L ft. in place
3	slow	Mt. on R ft., bounce on R ft.
3	BIOW	while lowering and raising L ft.
	and ale	Repeat action beat 1 measure 3
	quick	
	quick	Step to L on L ft.
	slow	Step on R ft. in front of L ft.
	quick	Step in place with R ft., raising
	*1	L ft. in place.
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