

EL LIMPIA SILLAS

(A RANCHERA)

Uruguay

(RANCH "DANCE")

SOURCE: Cpl dance from Uruguay, called El Limpia Sillas (the chair cleaner) because when the musicians play this music everyone gets us to dance. This Ranchera was taught at Maine Folk Dance Camp by Laura Zanzi de Chavarria.

MUSIC: Record: Folkdancer MH 45-1131A

FORMATION: Cpls scattered informally, facing "front"; inside hands joined.

STEPS: Waltz. Also a balance to the side, thus: step on left foot to left side, cross right behind right, step on L in place. Can also be done starting R.

METER: 3/4

PATTERN

Meas.

FIG. I: Basic Step

Beginning with outside foot, do 2 waltz steps forward--on last 2 counts of second meas. turn twds. ptr to face in opp dir.

- 1-8 Repeat in this dir. starting with inside foot. Face partner, do 2 side balances, starting to M's left, W's right; turn away from ptr with 4 walking steps, hold 1 ct, clap
- 1-8 Repeat all.

FIG II: SQUARE WALTZ

- 1-4 In semi-open ballroom pos, do 2 waltz steps fwd, twds frontwall. Do 2 more waltz steps turning $3/4$ turn CW to face left wall.
- 5-16 Repeat 3 more times, making $3/4$ turn each time. End facing back wall, with W on M L side.

FIG III:

- 1-16 Repeat FIG I facing back wall

FIG IV. FREE STYLE WALTZ

- 1-16 In ballroom pos, waltz anywhere on the floor.

FIG. V. UNDER THE ARM AND CHANGE PLACES

- 1-2 (M releases R hand and steps away from ptr) M pulls W twd his L side, raising L arm and turning her CW under his arm as they exchange places. Ptrs pull back.
- 3-8 Repeat Meas 1-2 three more times.

FIG VI. VARSOUVIENNE POSITION

- 1-8 (M takes W R hand in his R and pulls her into varsouvienne pos.) Waltz balance to side, W crossing in front of M. W begins with R ft to R, M begins with L ft to L. Then alternate ftwk and direction. This figure is danced in place (a total of 8 times).
- 9-16 Repeat Meas 1-8 travelling in LOD. Separate on last measure and face front, W on M R side.

FIG. VII.

- 1-16 Repeat FIG. I., except on last meas, clap on ct 3 and bow to ptr.