

EL RASCA PETATE
(Mexico)

Source: Lorenzo Trujillo
Music: Record: RCA Victor MKL 1448, Bailes Regionales de Mexico
Formation: Couples in Lines, facing partners.
Steps: Zapateado #1, 2 & 3
Borracho Step (Drunk Step)
Waltz Step

For a complete description of Mexican footwork and the historical background of the dance, see: The Spanish Influence on the Mexican Mestizo Folk Dance of Yucatán, Veracruz, and Jalisco, México, by L. A. Trujillo. Available from Second Front Bookstore, 19th Ave, San Francisco, or El Camino Real Bookstore, P. O. Box 25426, Denver, Colorado 80225.

Description by Mary Ann Trujillo

Continued. -.

EL RASCAPETATE (continued)

Dance begins after first note sounding in the song.

ZAPATEADO #1

- 1 - Flatfooted step with the left foot.
- 2 - Hit-brush right heel.
- 3 - Step on the ball of the right foot.
- 4 - Flatfooted step with the left foot.
- 5 - Hit-brush right heel.
- 1 - Flatfooted step with the right foot.
- 2 - Hit-brush left heel.
- 3 - Step on the ball of the left foot.
- 4 - Flatfooted step with the right foot.
- 5 - Hit-brush left heel.
- 1 - Flatfooted step with the left foot.
- 2 - Hit-brush right heel.
- 3 - Step on the ball of the right foot.
- 4 - Flatfooted step with the left foot.
- 5 - Hit-brush right heel.



L / R / R / L / R
step heel ball step heel

(Note: This step can be danced with the feet parallel, but is more effective if the legs alternate between the turned in and out position with #2 ending with #5)

ZAPATEADO #2

1 2 3 4

R / L / R / L
step step step step

This zapateado is done on time to the corresponding 4 beats in the music.

The above two zapateados are repeated four times in sequence, at which time the music changes.

ZAPATEADO #3

- Flatfooted step with the left foot.
- Hit-brush the right heel and step on the ball of the right foot.

1 2 3
left step right heel right ball

1 2 3
left step right heel right ball



(Note: This zapateado can be danced with the feet and legs parallel, but it is more effective if danced with the legs and feet at a 45° angle.)

The three counts of Zapateado #3 are danced seven times and ended with Zapateado #2. While this sequence is danced, the man and woman cross to the opposite side ending facing one another, with the Zapateado #2. Zapateado #3 is then repeated with the opposite foot seven times, crossing, and ending with Zapateado #2, which is also danced on the opposite foot.

ZAPATEADO #3

- Flatfooted step with the right foot.
- Hit-brush the left heel and step on the ball of the left foot.

ZAPATEADO #2

1 2 3 4

L / R / L / R
step step step step

Continued...

EL RASCAPETATE (continued)

This sequence of Zapateado #3 - Zapateado #2 is danced one more time, as the first time, with Zapateado #3 starting on the left foot and Zapateado #2 starting on the right foot, and one more time as the second time, with Zapateado #3 starting on the right foot and Zapateado #2 starting on the left foot. (These two zapateados are done together four times.)

The music returns to the beginning of the song. Zapateado #1 and Zapateado #2 are done in the same pattern as they were done in the beginning of the song.

ZAPATEADO #1

1	2	3	4	5	1	2	3	4	5	1	2	3	4	5								
L	/	R	/	R	/	L	/	R	/	R	/	L	/	L	/	R	/	R	/	L	/	R
step		heel		ball		step		heel		step		heel		ball		step		heel		step		heel

ZAPATEADO #2

1	2	3	4			
R	/	L	/	R	/	L
step		step		step		step

Repeat this sequence 4 times.

Zapateado #1 is now repeated as the music changes back to the beginning of the song. The zapateado is done twice and then the dancer spins to the right, stepping on the toes, and returns to the front position in time to dance Zapateado #2 to the corresponding 4 beats in the music.

ZAPATEADO #1

1	2	3	4	5	1	2	3	4	5									
L	/	R	/	R	/	L	/	R	/	R	/	L	/	L	/	R	/	L
step		heel		ball		step		heel		step		heel		ball		step		heel

Complete spin to the right

1	2	
R	/	L
ball		ball

ZAPATEADO #2

1	2	3	4			
R	/	L	/	R	/	L
step		step		step		step

ZAPATEADO #4

- 1 - Lunge forward with the right leg, right shoulder forward.
- 2 - Lunge backward with the left leg.
- 3 - Lunge backward with the right leg.
- 4 - Lunge forward with the left leg, left shoulder forward.
- 5 - Lunge backward with the right leg.
- 6 - Lunge backward with the left leg.

1	2	3		
R	/	L	/	R
Forward		back		back

continued...

EL RASCAPETATE (continued)

Zapateado #4 is repeated 3 times. The couple crosses to the opposite side, flirting with one another. The man dances with his hands behind his back in the traditional style, and the woman dances with her arms out with the rebozo still around her shoulders and held in her hands. She leads with her arm instead of just the shoulder. The fourth time the zapateado is done is as follows:

1	2	3	4	5	6					
R	/	L	/	R	/	L	/	R	/	R
Forward		back		back		Forward		kick out		turn point

On the 5th and 6th counts, kick out with the right leg and turn the body so that couples are again facing one another, and then point with the right foot. The body is then in position to repeat the same zapateado back to the original position.

The music changes back to Zapateado #3, repeated in the same manner as before. When the couple crosses for the first time, the woman gives one end of her rebozo to the man, while passing each other. For the rest of the dance each one holds his end.







ZAPATEADO #5

- 1 - Leap from left foot onto right foot, crossing left leg in front of the
- 2 - right foot, landing on the ball of the left foot,
- 3 - then step back down on the right foot.
- 1 - Leap from the right foot onto the left foot, crossing the right leg in front of the
- 2 - left foot, landing on the ball of the right foot,
- 3 - then step back down on the left foot.

Zapateado #5 is done twice as above, while at the same time the couple swings the rebozo first to the left and then to the right, in harmony with the step. Then the couple immediately turns to the left, spinning under the rebozo, and ending with Zapateado #2 to the 4 beats in the music. Then Zapateado #5 is repeated again, twice, beginning by leaping on the right foot first and swinging the rebozo to the right first. This sequence is repeated twice.

ZAPATEADO #6

- 1 - Flatfooted step with the left foot.
- 2 - Step on the ball of the right foot.
- 3 - Step on the ball of the left foot.
- 1 - Flatfooted step with the right foot.
- 2 - Step on the ball of the left foot.
- 3 - Step on the ball of the right foot.

										
1	2	&	1	2	&					
<hr/>										
L	/	R	/	L	/	R	/	L	/	R
step		ball		ball		step		ball		ball

Next Zapateado #6 is done by the woman, while she winds herself up in the rebozo, and on the 4 beats she kisses the man. Then while she unwinds, doing the zapateado the man winds in at the same time, and they kiss at the 4 beats. Then as the man unwinds, the woman winds in, and on the fourth sequence only the woman unwinds.

The music returns to the preceding part with Zapateado #5 done in the same manner. However, on the last spin the couple ends with Zapateado #2, and at the same time brings both ends of the rebozo together in the air above their heads.