

Raspukala

(Macedonia)

Choreographer: Ira Weisburd
Music: Camp Hess Kramer 2006 CD
Formation: Circle facing center

Cts

Pattern

INTRODUCTION: 16 counts

PART 1: (Facing center)

1,2,&3,4,& Walk to R (S-Q-Q): R,L,R; L,R,L
5,6,& Step R to R, Lift L, hold
7,8,& Step back w/L, Step R to R, Cross step w/L over R
9-16,& Repeat Part I (1-8&)

PART II: (Facing Center)

1,2,& Step R to R, Lift L, Step L across R
3,4,& Step R to R, Lift L, hold
5,6,& Hook L behind R, Step Back onto L, Step R to R
7,8,& Step w/ L across R, Lift R over L, hold
9,10,& R Pas de Basque (Step R to R, Cross-Step L over R, Step Back on R)
11,12,& L Pas de Basque (Step L to L, Cross-Step R over L, Step Back on L)
13-20& Repeat 1-8&

REPEAT Part II. (1-20&)

Full Turn to R (in 2 steps) R,L, hold

PART III: (Facing LOD)

1,2& Rock forward on R, rock back onto L, forward on R (S-Q-Q)
3,4,& Walk forward L,R,L
5,6,& (Facing center) Lean R to R, Bounce, Bounce
7,8,& (Still facing center) Lean L to L, Bounce, Bounce
9,10,& Step on R to R, Hop on R, Step L behind R
11,12,& R Pas De Basque
13,14,& L Pas De Basque
15,16,& Full Turn R (in 2 steps) R,L, Hold

REPEAT Part III. (1-16&)

Presented by Beverly Barr
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